



Please book
classes in
advance at
reception

Member Day

Wednesday 27 September 9.00am-9.00pm

Rowing challenge

200m sprint – men and women (16-20yrs, 21-30yrs, 31- 40yrs, 41-50yrs, 51-60yrs, 60+)
Prizes include PT, Physio and Sports Massage

Mini MOT's

Body stat & blood pressure

Moonlight Swim

8.00-10.00pm – Free for members, all guests
£4 (to be pre-booked via reception)

Bring a Friend

Full Direct Debit or Annual members can bring
a friend for a swim or a gym session
(16+ for gym).

Pools on the Park

Old Deer Park, Twickenham Road
Richmond TW9 2SF
www.richmond.gov.uk/potp

020 3772 2999

