Booking Information

- Before booking the first lesson a registration form must be completed for each child and returned to Pools on the Park.
- All classes must be paid for in full when booking. Courses will only run if there are sufficient numbers enrolled on them. Any courses cancelled by us will be refunded in full.
- Term time lessons are only available as a course and children may join up to and including the 2nd lesson of any course. After this time they may not join the current course.
- Priority for the following term's lessons is given to children attending lessons the previous term. This must be used within the time specified. If a child misses a course of lessons or does not book within the priority period then they will lose their space in lessons.
- As priority for the following term is given to children already attending lessons there may not be spaces available in every class.

- If there are no spaces available in your chosen class you may ask to have your child placed on the waiting list. Waiting lists are specific to the class and term and do not roll over.
- If a lesson is cancelled due to a 'toilet incident', vomit or similar in the pool a credit note will be issued.
- We regret that refunds cannot be made for any lessons missed by children through no fault of our own. When 2 or more consecutive weeks are missed due to illness or injury, and medical evidence is provided, we may make some credit towards the lessons the child has missed. No other refunds or credits are made.
- Please remember, for the safety, confidence and comfort of your child to book them into the lesson that suits their age and ability. A refund of the course fees will not be given to children who are booked onto the wrong class.

Lesson Information

- Please do not attempt to communicate with your child during the lesson, unless in an emergency.
- Parents and guardians, if not in the pool, are not allowed on the poolside during the lessons unless there are exceptional circumstances such as English being a second language or the child has a disability that requires additional assistance.
- Please do not allow your child to eat for at least 45 minutes before their lesson, preferably one hour.
- If your child has long hair it must be either tied back or a swimming hat worn.

- Please do not allow your child to have a 'fun swim' before their lesson starts as they may then be too tired or too cold to successfully complete the lesson.
- Children under 8 years of age MUST be accompanied in the pool at all times, unless in a class taken by our staff.
- If your child is booked into a class that is not suitable for their age and/or ability they will be asked to move to a more suitable class.
- It is not possible to 'swap' the day of your lesson if you are unable to attend for your usual day.
- After school lessons run for 30 minutes except Rookies which is 45 minutes

Swimming courses Summer term 2016 FEEL GO Swim Sch





Junior learn to swim 5 years and over

(Suitable for children who will turn 5 before 31 Aug 2016)

Monday 18 April -Saturday 9 July 2016

No swimming classes half-term Sat 28 May - Sat 4 June

Pools on the Park

Twickenham Road, Richmond TW9 2SF

LONDON BOROUGH OF RICHMOND UPON THAMES

Phone: 020 3772 2999 www.richmond.gov.uk/potp







Timetable for lessons

Teaching Pool

Main Pool

Monday

Tadpoles 3.45 - 4.15pm	Platypus 6.15 - 6.45pm
Moorhens 4.15 - 4.45pm	Goldfish 6.45 - 7.15pm
Cygnets 5.00 - 5.30pm	Otters 6.15 - 6.45pm
Penguins 5.30 - 6.00pm	Dolphins 6.45 - 7.15pm
	Barracudas 7.15 - 7.45pm

Tuesday

4.15 - 4.45pm	Platypus	6.45 - 7.15pm
3.45 - 4.15pm	Goldfish	6.45 - 7.15pm
5.30 - 6.00pm	Otters	6.15 - 6.45pm
5.00 - 5.30pm	Dolphins	6.15 - 6.45pm
	•	3.45 - 4.15pm Goldfish 5.30 - 6.00pm Otters

Wednesday

Tadpoles	5.30 - 6.00pm	Platypus	6.15 - 6.45pm
Moorhens	5.00 - 5.30pm	Goldfish	6.15 - 6.45pm
Cygnets	4.15 - 4.45pm	Rookies*	6.45 - 7.30pm
Penguins	3.45 - 4.15pm	* Due to duration of Rookies classes	
_	•	those classes are £9.00 per session	

Thursday

Tadpoles	5.00 - 5.30pm	Platypus	6.15 - 6.45pm
Moorhens	4.15 - 4.45pm	Goldfish	6.15 - 6.45pm
Cygnets	3.45 - 4.15pm	Otters	6.45 - 7.15pm
Penguins	5.30 - 6.00pm	Barracudas	6.45 - 7.15pm

Friday

Tadpoles	3.45 - 4.15pm	Platypus	6.45 - 7.15pm
Moorhens	5.30 - 6.00pm	Goldfish	6.15 - 6.45pm
Cygnets	5.00 - 5.30pm	Otters	6.15 - 6.45pm
Penguins	4.15 - 4.45pm	Dolphins	6.45 - 7.15pm
		Barracudas	7.15 - 7.45pm

Saturday

Tadpoles 8.00	- 8.30am	Platypus	9.15 - 9.45am
Moorhens 9.45	- 10.15am	Goldfish	8.00 - 8.30am
Cygnets 8.30	- 9.00am	Otters	9.45 - 10.15am
Penguins 9.15	- 9.45am	Dolphins	8.30 - 9.00am
		Barracudas	8.30 - 9.00am

Summer Term 2016

Monday 18 April - Saturday 9 July

Cost: 11 weeks £85.25, 10 weeks* £77.50

(* No lessons Monday 2 May)

New booking start Thur 24 March at 9.00am

Criteria

The levels are as a guide for children looking to join Pools on the Park lessons having previously completed National Plan lessons. The teachers remain on the side during the lessons and do not enter the water.

Teaching Pool groups

Tadpoles - level 1

Not able to swim front and back paddle without the use of buoyancy aids.

Moorhens - level 2/3

To swim 3m front paddle (face underwater) and 3m back paddle. Able to jump in unaided.

Cygnets - level 3/4

Able to swim 5m frontcrawl (face down) and 5m back with no arm action.

Penguins - level 4/5

Able to swim 10m frontcrawl breathing to the side with arms coming out of the water, 10m backcrawl with arm action.

Main Pool groups

For the following groups the distances must be completed with correct technique.

Platypus - level 5/6

Able to swim 15m frontcrawl breathing to the side, 15m backcrawl and confident in deep water.

Goldfish - level 7

Able to swim 33m frontcrawl and 33m backcrawl and some breastroke.

Otters - level 8

Able to swim 50m frontcrawl, 50m backcrawl and 33m breastroke without stopping.

Dolphins - level 9

Able to swim 600m alternating frontcrawl, backcrawl and breastroke.

Barracudas - level 10+

1000m in under 30 minutes alternating frontcrawl, backcrawl and breastroke.

Rookies

This group is for children aged 9 and over who are competent swimmers to at least 400m. They learn the basic skills of lifesaving including CPR. Shorts and t-shirts are worn over the costume.

Children attending a course of lessons will have priority for the following term. Children will be assessed in the penultimate lesson and priority will last until the end of term.

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language. Phone: 020 8891 1411, Minicom: 020 8831 6001.

If you have difficulty understanding this leaflet please visit reception at the address below, where we can arrange a telephone interpreting service.

اگر در فهمیدن این نشریه مشکلی دارید لطقا به میز پدیرش در آدرس قید شده در زیر مراجعه غایید تا ترتیب ترجمه تلفني برايتان فراهم آورده شود:

إذا كانت لديك صعوبة في فهم هذا المنشور، فنرجر زبارة الإستقبال في العنوان المعطى أدناه حيث بإمكاننا أن نرتب لخدمة ترجمة شغوية

ਦਿੱਤੇ ਗਏ ਪਤੇ ਉੱਪਰ ਰਿਸੈਪਸ਼ਨ 'ਤੇ ਆਓ ਜਿੱਥੇ ਅਸੀਂ ਟੈਲੀਫ਼ੋਨ ਤੇ ਗੱਲਬਾਤ

London Borough of Richmond upon Thames, Civic Centre, 44 York Street, Twickenham TW1 3BZ