

Richmond Partnership Bulletin

Adult Social Care

6 January 2016

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upon
Thames

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January 2016

The Richmond Partnership brings together the public, private and voluntary and community sectors to improve the quality of life for all those who live, work or visit the borough. Published monthly the Richmond Partnership Bulletin provides an update on the work of partners, links to more information and resources and highlights areas for action.

On the agenda

1. Improve your Wellbeing in 2016 with Richmond Adult Community College new health & wellbeing course opportunities

RACC provides courses for adults who are looking for ways to improve their health and wellbeing by connecting with others, being more active and learning new things. In 2016 they have received extra funding to provide access to a range of courses for anyone experiencing stress, low mood or difficulties sleeping. To present the offer, they have developed a wellbeing course guide which is now available for [download as a PDF](#). RACC can also arrange for an information session at your organisation if you prefer for staff to come out and visit your centre to provide awareness raising sessions. Contact the Project Manager manoj.nanda@racc.ac.uk to arrange for an initial needs analysis. In addition, “Top up’ Courses for improving mental wellbeing (delivered in partnership with South West London Recovery College) are also available throughout early 2016 and these include “Introduction to recovery”, “5 ways to wellbeing” and “Keeping on top of

stress” among others. These top up courses are open to staff, volunteers, carers and service users, local residents and are free. Contact wellbeing@racc.ac.uk to book a session.

2. Community Connections Richmond

RCVS, in partnership with RACC, have been awarded the contracts for a new service called ‘Community Connections Richmond’. It will be based at RACC’s Parkshot Campus, open six days a week and evenings. The new community resource will offer training, networking and events – providing a one-stop-shop of information for Richmond’s voluntary and community sector. In addition, the service will deliver a local tailored programme of support services to local voluntary sector and social purpose organisations that will include bespoke coaching, individual advice, intensive support plans, fact sheets, low-cost access to specialist support and access to RACCs’ specialist Business School events and resources. There will be a renewed focus on small voluntary organisations and helping them to recruit Trustees, as well as advice on raising funds. And finally, RCVS will launch a new volunteering service for the borough that will be based at Parkshot. A volunteering co-

ordinator will work with local groups and organisations to identify opportunities and match them with the thousands of local people who want to be involved in their local community. For more information see [here](#)

3. How partners can challenge and influence public services in Richmond using the Public Sector Equality Duty

The Equality Stakeholders' Scrutiny Group is running a half day workshop to provide an opportunity for voluntary and community organisations in the borough to gain some practical experience of using the Public Sector Equality Duty. Participants will:

- learn when and how to use the PSED to challenge and influence public authorities
- gain practical experience of using the PSED when public authorities are taking key decisions and commissioning services
- learn how to use data and the results of community involvement and engagement in this process

The workshop is **free** and open to all those working in the **voluntary and community sector** in Richmond. ESSG is also currently looking for interested participants in future ESSG work. The workshop will be held on 1st February 2016 - 1.30-5.30pm, Terrace Room, York House.

To book email: charles.murphy@richmond.gov.uk

Spaces are limited and will be on a first come first serve basis.

4. New Fire Education project inspires young people in Richmond

The London Fire Brigades LIFE (Local Intervention Fire Education) project celebrated its first pass out ceremony on the 27th November at Twickenham Fire Station: The week long course funded by the Richmond Parish Lands Charity was designed specifically to challenge, inspire and motivate young people to recognise how to reach their potential. The course aims to develop skills such as teamwork, leadership and effective communication through taking part in fire fighter practice drills such as ladder climbs and casualty rescues in a dark, confined hazard house. A group of young people aged 13-17 years, from the local community were supported to complete this highly disciplined and challenging programme with the Fire Brigade's fire fighters. The young people also benefited from guest speakers on issues that affect the community such as drug issues, knife crime and

gang violence. All participants received a reference to assist them in their future aspirations into education, employment or training. For more information on the LIFE project contact andy.cane@london-fire.gov.uk

5. Families get a healthy start

The Healthy Start vitamins scheme is being re-launched in the borough with a cheaper price to encourage more families to take up vitamins. The national Healthy Start scheme provides vouchers to families on means-tested benefits which can be redeemed for fruit, vegetables, milk and vitamins, and in Richmond the vitamins are also available to all other families at low cost. The vitamins are distributed at a number of health centres and children's centres throughout Richmond, so it is easy to pick them up. They are available at:

- Barnes Children's Centre, SW13 9AE
- Centre House, SW14 8LP
- Ham Children's Centre, TW10 7BG
- Ham Clinic, TW10 7NF
- Heathfield Children's Centre, TW2 6EX
- Norman Jackson Children's Centre, TW12 1QU
- Stanley Children's Centre, TW11 8UH
- Tangle Park Children's Centre, TW12 3XB
- Teddington Health and Social Care Centre, TW11 OLR
- Whitton Corner Health Centre, TW2 6LD

For more information visit [NHS Healthy Start](#).

6. Consultations & events for partners

- **Adult Social Care Contributions Policy** - The London Borough of Richmond upon Thames is carrying out a consultation on proposed changes to the Council's Adult Social Care Contributions Policy **until Monday 18 January 2016**. The proposal is to reduce the upper capital limit for non-residential care services from £35,000 to £23,250. These changes will affect new service users approaching the council from April 2016. The council are keen to hear the views of anyone who would like to comment on these proposals. To take part in this consultation, residents

or organisations can [complete the online questionnaire](#). A **consultation event will also be held on Monday 11th January, 10.30am-12.30pm**. This will take place in The Salon, York House, in Twickenham. To book a place email Ellen.Slack@richmond.gov.uk or call 020 8891 7042

- **Draft Health and Wellbeing Board Strategy 2016-2021 Consultation** - The [Richmond Health and Wellbeing Board](#) (HWB) have a duty to produce a Joint Health and Wellbeing Strategy (JHWBS). The board's first [Joint Health and Wellbeing Strategy \(2013-16\)](#) focused on the integration of health and social care services, identifying priority areas where improvements could be made through partnerships. The board is in the process of developing its second JHWBS for 2016-2021. This refreshed strategy will continue to work towards the HWB's shared vision for health and wellbeing in the London Borough of Richmond upon Thames. To read the draft strategy [see here](#) and give your views using the online survey. The consultation ends on 21st January 2016.
- **London Fire and Emergency Planning Authority's public consultation on options to meet the budget for 2016/17** - This consultation is a chance for Londoners to have their say on the Authorities budget proposals. Full details of the consultation and how to respond can be found on the website at: www.london-fire.gov.uk/consultation-2016-2017.asp . As part of the consultation, four public meetings will be taking place, with one to take place in each of the Brigade's four areas. The Brigade's South West area covers the following boroughs: Hammersmith & Fulham, Kensington & Chelsea, Kingston, Lambeth, Merton, Richmond, Wandsworth and Westminster. The meeting for this area will take place **Tuesday 12th January 2016, 7pm, to finish no later than 9pm**, Open Door Community Centre, Keevil Drive, Beaumont Road, Wandsworth, London SW19 6TF. London Fire Brigade are keen to publicise the consultation as widely as possible and would be grateful if partners can share with colleagues, local groups or members of the public, as appropriate and wherever possible. If you have any questions please email: consultation@london-fire.gov.uk

For more information:

Contact: Eleni Ioannou, Partnership Officer
Corporate Policy & Partnership Team Tel: 0208 487 5236
Email: eleni.ioannou@richmond.gov.uk