

September-December
2024

Junior & Adult Autumn Programme

JUNIOR PROGRAMME

Junior programmes will run from Monday 9 September to Sunday 15 December.

No courses will run during half term 28 October to 3 November.

Thursday		R/C	Standard
Karate beg 5+yrs	5.30-6.30pm	£79.30	£96.20
Karate int 8+yrs	6.30-7.30pm	£79.30	£96.20
Friday			
Judo Beg 5+yrs	5.00-6.00pm	£79.30	£96.20
Judo Int 8+yrs	6.00-7.00pm	£79.30	£96.20
Saturday			
RGA gymnastics Reception Year 1	9.00-10.00am	£79.30	£96.20
RGA gymnastics Year 2-Year 4	10.00-11.00am	£79.30	£96.20
RGA gymnastics Year 5-Year 6	11.00am-12noon	£79.30	£96.20

ADULT PROGRAMME

Adult Programme will run from Wednesday 11 September.

Wednesday		R/C	Standard
Badminton 50+*	6.30-8.00pm	£4.50	£5.00
Badminton Beginners*	6.30-8.00pm	£7.30	£8.00
Badminton Adult Club*	8.00-10.00pm	£7.30	£8.00

Courses and dates/times may be amended. Please check at the centre. Refunds will only be given when a valid doctor's note is supplied.

R/C Richmond Card with paid for leisure subscription

RGA Richmond Gymnastics Association
Beg beginners

Int intermediate
Imp improves
Adv advanced
All all levels

Shene Sports & Fitness Centre

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www.richmond.gov.uk/ssfc

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