

# Richmond Health and Wellbeing Board Summary presentation

## *Joint Health and Wellbeing Strategy 2016-21*

*“Prevention and joined up services throughout people's lives to enable all residents to start well, live well and age well”*

# Developing the Strategy

## *How local views have helped to shape the strategy*

- Listening Events
- Extensive desktop review of existing engagement
- Eight week Public Consultation

### In addition to:

- Strategy working groups with Health and Wellbeing Board (HWB) and officers
- Developmental Seminars with the HWB
- Review of JSNA, The Richmond story
- Equalities Impact Needs Assessment

# Key messages from engagement

Engagement will continue throughout implementation

## *Healthy Lifestyles, March 2015*

- Use local assets, community and place
- Connect with people where they live, work, and play
- Stakeholder partnership, voluntary sector
- Support vulnerable groups
- Reframe the message about healthy lifestyles
- Consistency of message through the organisation people work with

## *Desktop Review of Existing Engagement Data*

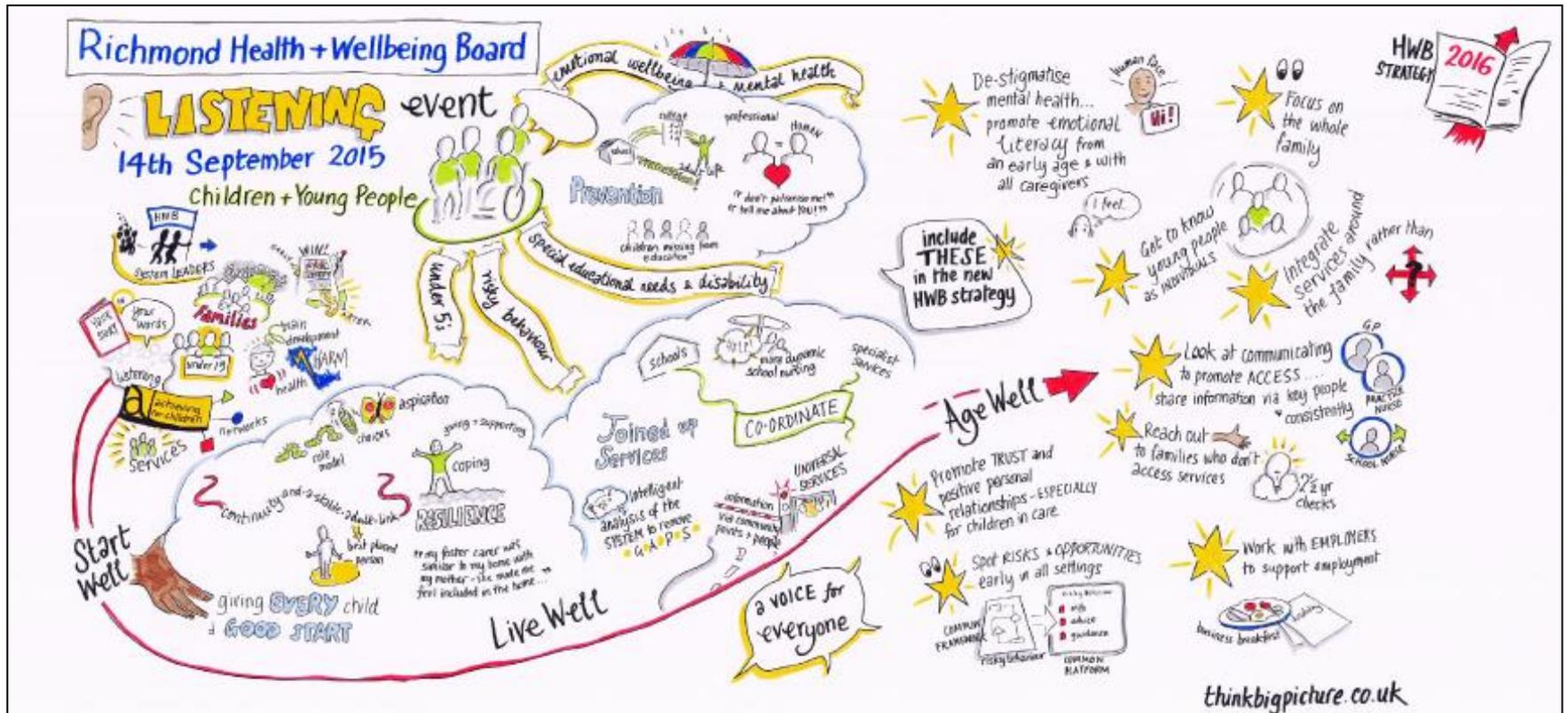
- Integrated, seamless care e.g. sharing information
- Holistic approach
- Long-term prevention and recovery services

## *Young People's Listening Event September 2015*

- De-stigmatise mental health
- Whole family approach; nurturing environment
- Integration; tell my story once
- Importance of the school environment

# Why I wanted to be a part of the young persons' listening event

*“By working in partnership with professionals young people can make a better future for young people and make a positive change.” - Justin*



# Strategy Theme and Purpose

- **Integration;** built on the 'joined up services' in the previous strategy. Integration is a defining feature of how we operate, but there is still a lot to take forward
- **Prevention;** expand to include prevention at individual, community and place level approaches
- **Throughout people's lives;** focus on start well, live well, age well

The Strategy aims to be :

- Concise and purposeful
- A tool to influence commissioning, strategies and action plans
- Sets a direction for health, social care and the wider system

# Role of the Health and Wellbeing Board

## *'Systems Leader'*

Brings together leaders from across the health and social care system to have strategic oversight, assess local needs and set priorities. Promotes joint working and partnership

## *Championing key initiatives*

- Strength lies in championing key initiatives in our own and partner organisations (Council, CCG, Healthwatch, voluntary sector)
- Setting a direction for the whole system

# Start Well

What happens in early life, starting from conception, affects health and wellbeing in later life. Prevention is critical to ensuring that all children and young people can fulfil their potential.

## *Championed Initiatives*

- **Ensure the Best Start for all** – Early years development plan
- **Promote Resilience and Emotional Wellbeing** - Emotional Wellbeing and Mental Health Transformation Plan (CAMHS)
- **Whole Family Approach** - Strengthening Families Programme
- **Develop Children and Young Person's Outcomes Framework** - outcomes that matter to children, young people and their families

# Live Well

Healthy choices are influenced by our environment, communities and wellbeing. Drives forward preventative approaches at all levels; engaging communities, utilising local assets (e.g. parks) and targeting approaches to reach those most at risk.

## *Championed Initiatives*

- **A Systems Approach to Prevention** – coordinated efforts at place and community level
- **Active Travel and Access to Balanced Foods** - coordinate partners to embed healthy choices, including infrastructure, planning and social norms
- **Mid-life Live Well Checks and Workplace Health** - Targeting people in the community and workplace, and promoting recovery

# Age Well

Whilst people are living longer lives, many older people are also living with a reduced quality of life due to ill health or disability, or experience loneliness and isolation.

## *Championed Initiatives*

- **Outcome Based Commissioning** – developing joined up services with a preventative ethos; early intervention, shared decision making and self-care
- **Dementia Friendly Villages** - connected and vibrant communities that people can age well in
- **Carers' Strategy** - Identification and referral of carers (of all ages), protecting their health and wellbeing
- **Cancer Strategy** - Improving prevention and early detection, as well as the long term needs of cancer survivors

# Implementation and next steps

## *Championing Initiatives*

- The Joint Health and Wellbeing Strategy is a 5-year strategy that will shape local commissioning and plans across the system.
- The board will also use its role to drive forward key initiatives where it can have maximum impact.

## *Impact across the System*

- The Board will conduct an annual review of progress made and develop a 'score card' of key indicators to assess progress