

## JOIN NOW Fitness PAY NOTHING UNTIL THE 28 DECEMBER 2022!

10 day money back guarantees on all memberships

Specially tailored programmes for those new to or returning to exercise.

Over 200 fitness classes including Indoor Cycling, Zumba and Pilates

## Please contact us 020 3772 2999

www.richmond.gov.uk/fgf\_offers and register your details for more information

Hampton Sports & Fitness Centre
Pools on the Park
Shene Sports & Fitness Centre
Teddington Pools & Fitness Centre
Whitton Sports & Fitness Centre

LONDON BOROUGH OF RICHMOND UPON THAMES

This offer is valid from 10 October to 30 November 2022. It cannot be used in conjunction with any other offer and can be withdrawn at any time.