

## Friendly Parks for All Programme of Activities Summer / Autumn 2019



Booking not required except for Accessible Wellbeing Walk

Date	Time	Meeting place	Type of Walk / Activity
13 <sup>th</sup> June	10-30am- 12.30pm	Kingsfield Field and Barge Walk, Hampton	WELLBEING WALK More information <a href="http://www.ruils.co.uk/activities/">www.ruils.co.uk/activities/</a>
8 <sup>th</sup> July	Registration 10.15am Walk 10.30- 12.00	Meet at next to the fountains at The Exchange, London Road, Twickenham TW1 1BE	Accessible Wellbeing Walk
11 <sup>th</sup> July	10-30am- 12.30pm	Kew and Richmond Parks Meet Kew Green, War Memorial, TW9 3BH	WELLBEING WALK More information <a href="http://www.ruils.co.uk/activities/">www.ruils.co.uk/activities/</a>
19 <sup>th</sup> July	10-30am- 12.30pm	Heathfield Recreation Ground, near playground	Friendly Parks for All Activity Scavenger Hunt
5 <sup>th</sup> August	Registration 10.15am Walk 10.30- 12.00	Meet at next to the fountains at The Exchange, London Road, Twickenham TW1 1BE	Accessible Wellbeing Walk
8 <sup>th</sup> August	10-30AM - 12:30PM	Route to be confirmed	WELLBEING WALK More information <a href="http://www.ruils.co.uk/activities/">www.ruils.co.uk/activities/</a>
16 <sup>th</sup> August	10-30am- 12.30pm	Heathfield Recreation Ground, near playground	Friendly Parks for All Activity
2 <sup>nd</sup> September	Registration 10.15am Walk 10.30- 12.00	Meet at next to the fountains at The Exchange, London Road, Twickenham TW1 1BE	Accessible Wellbeing Walk
12 <sup>th</sup> September	10-30AM - 12:30PM	Route to be confirmed	WELLBEING WALK More information <a href="http://www.ruils.co.uk/activities/">www.ruils.co.uk/activities/</a>
20 <sup>th</sup> September	10-30am- 12.30pm	Heathfield Recreation Ground, near playground	Friendly Parks for All Activity Autumn colour
7 <sup>th</sup> October	Registration 10.15am Walk 10.30- 12.00	Meet at next to the fountains at The Exchange, London Road, Twickenham TW1 1BE	Accessible Wellbeing Walk
10 <sup>th</sup> October	10-30am- 12.30pm	Route to be confirmed	WELLBEING WALK More information <a href="http://www.ruils.co.uk/activities/">www.ruils.co.uk/activities/</a>
18 <sup>th</sup> October	10-30am- 12.30pm	Heathfield Recreation Ground, near playground	Friendly Parks for All Activity

For more information contact [parks@richmond.gov.uk](mailto:parks@richmond.gov.uk) or [outdoor.learning@outlook.com](mailto:outdoor.learning@outlook.com)