



HM Government



Test and Trace

Coronavirus NHS Test and Trace Self-isolate when alerted

**If you're told you have been
exposed to an infected person
you must self-isolate for 14 days.**

Play your part.

Protect your friends and family.

Find out more at

nhs.uk/coronavirus or call 119

Stay alert. Control the virus. Save lives.

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES