

Reduce. Reuse. Recycle.

Hi, I'm Dash the Deer and I need your help!

You've probably heard your parents or teachers explain why it's so important that we recycle and not waste our food.

Did you know, in the UK, we waste 6.5 million tonnes of food every year?

We need to help our planet by reducing the food that we waste and making sure we always recycle when we can.

During the summer holidays, I would love for you to take part in my **recycling rewards chart**. All you need to do is put a tick, cross

or a star sticker in every square after you have completed one of the tasks.

Then ask a grown-up to take a photo of your completed sheet along with a photo of your biggest achievement during the challenge (e.g. a meal you have created, recycling you have done, or anything you have done to reduce your waste) and email it to us at campaigns@richmond.gov.uk to be entered into our giveaway to win one of our fun cooking prizes.

I'm super excited to recycle together with you!

Pin this sheet to the fridge and complete throughout August.

Don't forget to ask a grown-up to send a photo of the completed sheet to us at campaigns@richmond.gov.uk by 1st September 2021 to be entered into our giveaway to win one of our fun cooking prizes.



Recycling Guide

Yes Please



Rubbish

Sweet wrappers
Crisp packets
Playfoam
Grown up household waste

Food Waste

Apple cores
Banana skin
Orange peel
Egg shells
Tea bags

Garden Waste

Grass and Leaves
Cuttings and trimmings
Plants, flowers and Weeds
Small branches and twigs
Fallen fruit

Dry Recycling

MIXED PAPER (blue box):

Parcel and cereal boxes
Paper
Milk Cartons

MIXED CONTAINERS (black box):

Glass bottles and jars
Cans and tins
Plastic bottles, pots, tubs and trays
Aerosols (empty)
Foil

No Thanks



Grass
Leaves
Plants flowers
Clothes

Food packaging, cling film, plastic bags
Nappies, tissues,
Kitchen roll
Liquids (e.g. milk, fats and oils)

Soil, Rubble and stones
Animal waste
Plastic bags

Plastic bags, wrap or film (recycle suitable types at supermarkets)
Clothes or textiles
Nappies and tissues
Food waste



For a full recycling, reuse and waste reduction A-Z, visit:
www.richmond.gov.uk/where_to_recycle_your_items

My Recycling Bingo Sheet

Pin this sheet to the fridge and complete throughout August

Don't forget to ask a grown-up to send a photo of the completed sheet to campaigns@richmond.gov.uk by 1st September 2021 to be entered into our giveaway to win one of our fun cooking prizes.



I ATE ALL MY DINNER 	I RECYCLED SOMETHING GLASS 	I HELPED TO TAKE THE FOOD RECYCLING BIN OUT 	I HELPED COOK A MEAL
I PUT MY LEFTOVERS IN THE FOOD RECYCLING BIN 	I ATE ALL MY DINNER 	I HELPED COOK A MEAL 	I HELPED TO TAKE THE FOOD RECYCLING BIN OUT
I HELPED TO TAKE THE FOOD RECYCLING BIN OUT 	I HELPED COOK A MEAL 	I HELPED PLAN OUR WEEKLY MEALS 	I RECYCLED SOMETHING PAPER
I HELPED COOK A MEAL 	I HELPED PLAN OUR WEEKLY MEALS 	I ATE ALL MY DINNER 	I HELPED TO TAKE THE FOOD RECYCLING BIN OUT
I HELPED TO TAKE THE FOOD RECYCLING BIN OUT	I HELPED PLAN OUR WEEKLY MEALS	I RECYCLED SOMETHING PLASTIC	I ATE ALL MY DINNER