

Transitioning Into Adulthood

- Narrator 'Your Transition Plan.' A short film about preparing for adulthood. Created with Florence, Luke and Sam.
- Narrator We all have aims in life.
- Luke First I wanted to be an astronaut, then I wanted to be an estate agent, and then I wanted to be a singer.
- Sam I was living at home with Mom and I didn't really want to live there for the rest of my life.
- Florence I'm hoping to go on holiday with my boyfriend.
- Narrator And doing what we want to do is often difficult.
- Luke I wouldn't say don't be scared, because it is scary and it's very normal to have those feelings.
- Narrator Yet thinking about your goals before you become an adult can help you.
- Florence Yeah, I want to study more about money, I want to be independent.
- Sam Karl Burgess helped me with supportive living.
- Luke There are some small things that I do still need some help with, but once everything that I've set has solutions I can easily do them myself.
- Narrator And together, we can help you get there.

Florence Like, Jessica's helping with my budget at the moment. Chloe's good at helping me, like, day to day living stuff, how I'm doing.

Sam Well, having a plan is a good thing where you get a good life, good job, you just settle into life really.

Narrator With support from others, you can achieve the things that are important to you.

Sam I can cook for myself now, wash, do my own clothes and stuff.

Luke Well, I did actually do some work experience working in a charity shop.

Florence Yeah, I want to study more about budgeting.

Narrator Planning ahead will help you to make the decisions and get the support you need to reach your aims in life.

Sam And just made new friends really. It's like one big family in that house at the moment, so.

Florence I'm more confident now.

Narrator Let's start thinking about your future.

Sam Don't rush into anything, just think, think of what you want to do then go and do it.

Luke I think having control over your own life is actually the most amazing thing ever.

Narrator From education, social care, health, transport and looked after children, we're here to guide you through your journey to adulthood.