

RICHMOND'S
COMMUNITY
HEROES AWARDS 2021



COMMUNITY HEROES AWARDS 2021

EVENT PROGRAMME





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Richmond upon Thames' annual Community Heroes Awards is the chance to recognise and show appreciation to members of our community who are willing to go above and beyond to deliver the highest level of support throughout the borough.

This year's awards continue to acknowledge the people who stepped up in a huge response to COVID-19 in 2021, alongside the many other unsung heroes who have dedicated hours, days, and weeks to a variety of causes that have made a marked improvement on people's lives.

Whether this has been taking care of the most vulnerable in our borough, a business providing that extra support for their local area or those in need, or volunteering time and effort to help build stronger communities – we want to say a big thank you and congratulations to our 2021 winners and nominees.

Please read on to find out more about our winners, finalists, and the amazing things that have gone on in our borough in 2021.

CLLR MICHAEL WILSON
Spokesperson for Communities, Equalities
& the Voluntary Sector



About the Awards

Richmond Upon Thames' annual Community Heroes Awards recognise local people who have contributed to their community.

Our heroes were nominated for their work in a voluntary capacity in the below categories:

- Business Contribution in the Community
- Communities Together
- Community Group of the Year
- Community Project of the Year
- Environmental Award
- Helping Hands
- Lifetime Achievement
- Outstanding Volunteer
- Trustee of the Year
- Young Person Achievement

Nominations were open from 1 December 2021 to 3 February 2022, and we are delighted to share more information about our shortlisted nominees.

We have again this year received a large number of nominations, which is a huge testament to the impact of our borough's unsung heroes.

Read on to find out more about our 2021 Community Heroes Awards winners and finalists!

Business Contribution in the Community

Local businesses that have demonstrated commitment to their area.

SHORTLISTED

- **Meet & Deep Newsagents.** For years of care, friendliness, trust and community spirit they deliver to their area, going above and beyond to cater to the needs of residents, including acting as a local hub for those who feel isolated and are in need of a friendly face and chat.
- **Kevin Jones.** For his hard work to help make Twickenham a great place for local business to grow and thrive through his voluntary role as Chair of Discover Twickenham BID.
- **Sidra Restaurant.** For their community-mindedness and regular support of their local area, including providing free meals to local NHS workers and hospitals, to those in the area experiencing homelessness and to students during school holidays.

POSTHUMOUS BUSINESS CONTRIBUTION IN THE COMMUNITY/COMMUNITY SPIRIT AWARD

This year, we would like to give special posthumous recognition to Malcolm Singleton, of M&J Hardware in Ham. He is recognised for his outstanding service to his local community, including taking special care to ensure his shop was stocked with anything needed and making special deliveries to those most vulnerable.



Meet & Deep Newsagents



Kevin Jones



Sidra Restaurant

Communities Together

Groups, charities or organisations that connect people, break down existing barriers or make Richmond upon Thames a fairer, more inclusive borough.

SHORTLISTED

- **Crossroads Care Richmond & Kingston.** For providing volunteer support to hundreds of unpaid carers in our communities, going the extra mile to ensure they are practically, mentally and emotionally supported.
- **Richmond EAL Friendship Group.** For helping to reduce isolation and increase engagement with local services, groups and organisations by providing community and support to English language learners across the borough.
- **Laura Stevens.** For leading the Run Talk Run mental health support running group in Twickenham, which has since its beginning provided community, friendship and support locally, at a time when many have needed it most.



Laura Stevens



Richmond EAL Friendship Group

CROSS ROADS CARE

Richmond & Kingston
upon Thames

Community Group Of The Year

Groups that exemplify what can be done to make a difference when people work together.

SHORTLISTED

- **Linden Hall Community Centre.** For providing a wide range of volunteer support and activities to the local community, partnering with other local organisations to improve lives and enrich health and wellbeing in the borough, from reducing isolation to supporting parents and carers.
- **The Mulberry Centre.** For tireless work by volunteers to enhance the psychological, physical and emotional wellbeing of those whose lives are affected by cancer.
- **Kew Fete CIC.** For combining the forces and skills of many local community groups, businesses and residents to host an annual event to bring the community together and raise funds for local charities.



Kew Fete CIC



The Mulberry Centre



Linden Hall
Community Centre

Community Project of the Year

Projects that have improved our borough and its local communities – run by individuals, groups or voluntary organisations.

SHORTLISTED

- **Food for Thought Heathfield.** For addressing need in the local community by collecting surplus food from supermarkets, bakeries and other businesses, which would otherwise go to waste, and distributing it back to the community each week.
- **The Extra Mile.** For providing much-needed essentials for families with children aged three months to teens, from toys, pushchairs and nappies to books and school uniforms.
- **SPEAR Pop-Up Clothing Project.** For receiving, sorting, laundering and distributing huge amounts of donated clothing to those experiencing homelessness through pop-up shops around the borough.
- **Richmond AID's Surplus.2U.** For sourcing surplus food across the borough and providing it to those within the community who were finding it difficult to get food, whether that be because they were isolating due to COVID-19 or experiencing financial hardship.
- **FiSH Neighbourhood Care's Cream Tea Home Delivery Project.** For bringing a popular social activity directly to the doors of vulnerable adults in the borough during the height of the pandemic, when many found it difficult to leave their homes.



The Extra Mile



Food for Thought Heathfield



SPEAR Pop-Up Clothing Project



Richmond AID's Surplus.2U



FiSH Neighbourhood Care's Cream Tea Home Delivery Project

Environmental Award

For individuals, projects and groups specifically focused on tackling environmental issues.

SHORTLISTED

- **Jenine Langrish.** For all of the dedication she has put in locally to environmental causes, including (but not limited to) the set-up of the Making Air Safe and Clean coalition, development of the Richmond Green Guide and extensive work with Richmond and Twickenham Friends of the Earth.
- **Sarah Kausmally.** For her dedication to looking after the swans and other water birds along the Thames in our community, to help ensure that our local nature is healthy, clean and thriving.
- **The Holly Lodge Centre maintenance team.** For consistently ensuring the nature trail at the Holly Lodge Centre is maintained as a safe space for local schoolchildren and children with disabilities to come and learn about nature, as well as our borough's wonderful biodiversity.



The Holly Lodge Centre maintenance team



Jenine Langrish



Helping Hands

For individuals, not in association with a group, charity or organisation, who help to create stronger communities by supporting others to live happy, healthy lives. This could be a good neighbour, someone who gives their time to help family or friends in need or a caregiver.

SHORTLISTED

- **Simon Griffiths.** For supporting local residents to be able to swim safely in the Thames, particularly during lockdown when many were feeling isolated and benefitted from the sense of community and outdoor activity.
- **Su Harper-Clarke.** For bringing together a supportive community of local mums, dealing with the stress and isolation of the pandemic, through leading the Teddington Immunity Boost Walks.



Simon Griffiths



Su Harper-Clarke



Lifetime Achievement Award

Those who have shown a long-term commitment to voluntary work and have made a significant contribution to their communities over ten or more years.

SHORTLISTED

- **Irene Manwani.** For over 20 years of volunteer service with The Mulberry Centre, supporting people affected by cancer through reflexology.
- **Peter Davenport.** For over 20 years of volunteer service with Richmond Health Walks, leading upwards of 30 to 40 local walkers each week.
- **Alison and Kevin Sears.** For over 20 years of working with the Richmond branch of the National Autistic Society and the Richmond Parent Carer Forum, among other causes, to improve outcomes for children and young people with learning disabilities, ensuring they have a voice and representation locally, as well as helping provide a supportive community for parents and caregivers.
- **Ron Ward.** For many years of volunteering with Age UK Richmond at Whitton Social Centre, helping to create a warm and supportive environment for those who come in.
- **Carol Stockman.** For many years of extensive and much-valued support to the Richmond AquaPhysio Group, for people suffering with chronic pain.



Alison and Kevin Sears



Irene Manwani



Outstanding Volunteer

Individuals who have made a significant impact on their community volunteering with a group, charity or organisation.

SHORTLISTED

- **Filomena Goncalves.** For organising the local Teddy Bear Project, partnering with local organisations to help fund cancer research through a variety of charities.
- **Billy Martin.** For providing a safe space for local kids to play sport through volunteer work with the Hampton Rangers football club.
- **Sharon Lyford.** For local volunteer service with the Lindeners Social Club at Linden Hall, including getting involved with promotional activities and helping new members get settled into the community.
- **Chris Manning.** For providing a local space for people to connect, create new friendships and engage in practical DIY activities through the creation of community group Sheddington.
- **Caraden Davis.** For volunteering with Richmond AID as part of their Pro Bono Community, working with the benefits team to provide legal support to vulnerable individuals in difficult circumstances.
- **Isabelle Swann.** For setting up and helping to run The Soup Kitchen at St John the Divine Church.



Filomena Goncalves



Sharon Lyford



Billy Martin



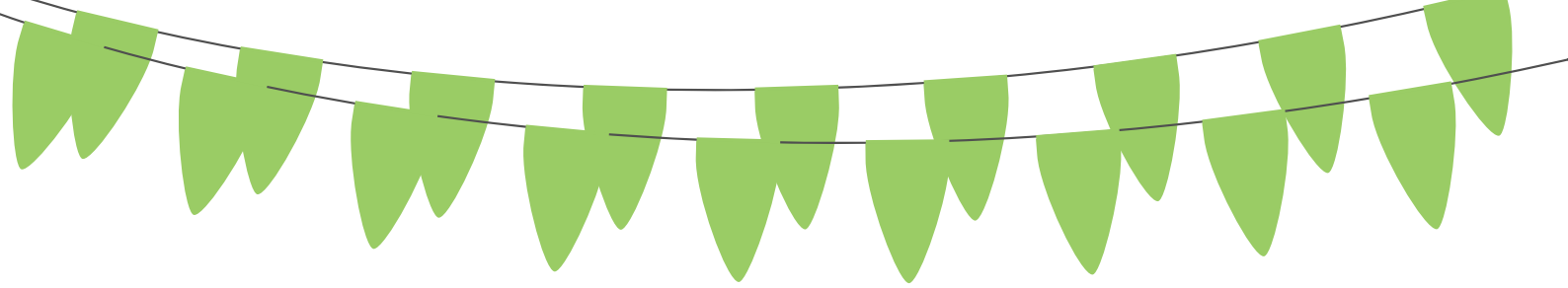
Chris Manning



Caraden Davis



Isabelle Swann



- **Nicole Grindle.** For teaching older people across the borough how to get online through Age UK Richmond, including offering remote IT support via landline during the pandemic, helping lonely and isolating adults stay in touch with loved ones.
- **Vincent Seabrook.** For dedicating hundreds of hours to peer mentor volunteering at SPEAR, including delivering food parcels to clients during the pandemic, accompanying clients on doctor visits, photography for SPEAR publications, befriending support to clients, gardening, painting and clothing distribution.
- **George Angeli.** For his support of renal patients in the UK through founding 50 by Richmond Barbers and supporting the E 4 Erin campaign.
- **Lynne Bailey.** For providing support and services to the vulnerable, elderly, housebound and disabled through RUILS and organising the Christmas Day Lunch at Elleray Hall in Teddington.
- **Peter Hoile.** For his tireless support to local community groups, including working with the Greenwood Community Centre to transport vulnerable residents to hospital appointments and day centres and doing regular shopping for those who can't themselves.
- **Alex Petty.** For his local volunteer service providing time and support to the North Richmond scout group.



Nicole Grindle



Vincent Seabrook



George Angeli

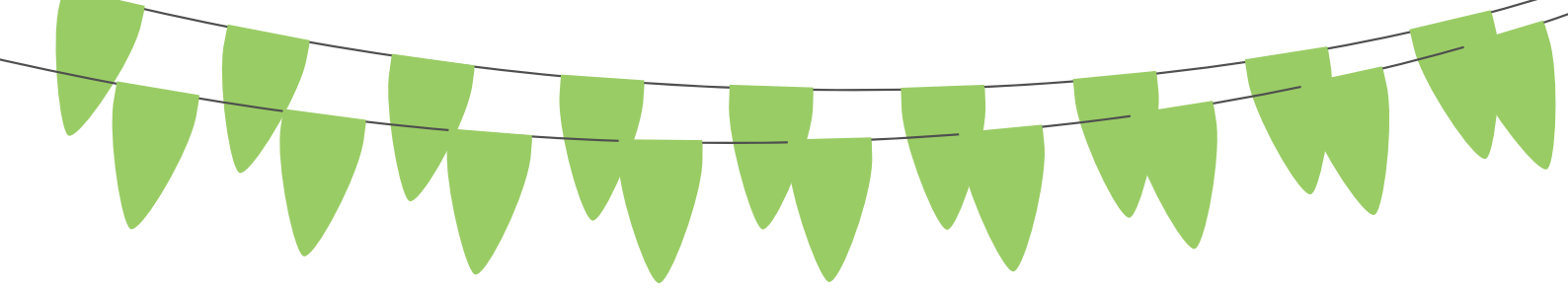


Lynne Bailey



Alex Petty





- **Alison Evans.** For providing a variety of volunteer support to Homelink, including running community events and supporting events targeted at assisting carers in the community.
- **Andrew White.** For dedicating hundreds of hours to peer mentor volunteering at SPEAR, including leading the sorting and dating of food donations, preparing parcels, testing all donated electrical goods and participating in night-time outreach patrols to help identify other rough sleepers, engage with them to seek refuge and support from SPEAR.
- **Michael Stone.** For befriending and providing a variety of support to vulnerable adults in the borough through work with RUILS, including regular shopping and one-to-one walks with several clients.
- **Barbara Lee.** For providing a variety of volunteer support to RUILS, including ongoing work with the foodbank hub, delivering emergency food parcels and IT kit to clients and picking up prescriptions.
- **Simon Lacey.** For his work with RUILS, befriending vulnerable clients, doing regular shopping, going for one-to-one walks, and supporting other ad-hoc requests.
- **Josie O'Connell.** For providing a variety of support to the Richmond & Kingston Youth Council as Vice-chair as well as to Youth Out Loud, ensuring the voices of young people in our borough are actively represented.



Andrew White



Michael Stone



Barbara Lee



Simon Lacey



Josie O'Connell



- **Philippa George.** For providing a variety of volunteer support to The Real Junkfood Project, including serving visitors on the Food Surplus Counter and Community Café, engaging with the visitors and making cakes from surplus cake ingredients.
- **Joy Cuff.** For her local volunteer service, providing time, effort and a variety of support to the Richmond Art Society, Turners House and Park Lane Stables.
- **Richard Day.** For his years of volunteer work to enhance the lives of elderly and disabled residents of Richmond upon Thames through FISH.
- **Nity Raj.** For providing time, effort, and a sense of community through work with the Old Deer Park Parkrun.
- **Jim Greene.** For providing a variety of support and a sense of community through volunteer work at Elleray Hall, including looking after the garden and leading weekly member activities.
- **Carola Nagel.** For supporting Home-Start Richmond, Kingston and Hounslow by helping it to adapt its services to best serve families in the borough, including through volunteer training support and supporting the running of virtual activities.
- **Christine Samuels.** For providing weekly befriending visits to a local family in the borough through Home-Start Richmond, Kingston and Hounslow.



Philippa George



Joy Cuff



Nity Raj



Jim Greene



Carola Nagel



Christine Samuels

Trustee of the Year

For a trustee of a group or charity who has gone above and beyond in their role.

SHORTLISTED

- **Janet Fisher.** For her work as the Chair of Linden Hall's Board of Trustees, going above and beyond in her support of the Centre and the community, including extensive support of the social club and arranging for the Centre to be used for COVID-19 testing at the height of the pandemic.
- **Margaret Dangoor.** For her work on the Board of Trustees at Crossroads Care Richmond and Kingston, tirelessly promoting the interests of carers, people with dementia and older people's issues.
- **Andrea Samuelson.** For her work leading the Board of Trustees at Small Steps, helping to raise the profile of the charity, supporting it through various relocations and demonstrating fierce commitment to supporting pre-school children with disabilities, their parents and extended networks.
- **Annette Wilson.** For her work leading the Board of Trustees at ADHD Embrace, providing support, education and advocacy for families and careers of young people with ADHD and meeting the increasing demand for services resulting from the pandemic.



Janet Fisher



Margaret Dangoor



Andrea Samuelson



Annette Wilson



Young Person Achievement Award

Young people (under 18 years) who inspire and drive change in their communities.

SHORTLISTED

- **Ava Bloor.** For her hard work to help combat loneliness and isolation in older people across the community through a letter-writing project, particularly after a very difficult and lonely couple of years, engaging other young people and Age UK Richmond to support the effort.
- **Lydia Roebuck.** For her hard work volunteering as Chair of the Richmond & Kingston Youth Council, and what she has been able to achieve through engaging her peers and giving young people in the community an active voice.



Ava Bloor



Lydia Roebuck




THANK YOU

Richmond Council would like to say a tremendous thank you to all of this year's nominees, as well as to those who did not receive a nomination who we know are doing so much to help their local communities.

To find out more about the awards please go to our website: ww.richmond.gov.uk/community_heroes_awards.

We are also showcasing our winners and shortlisted nominees across our social media channels so please keep an eye on these for updates.

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Thank you to everyone who made a nomination for Richmond's Community Heroes Awards 2021.

