

The Full of Life Fund awards funding to organisations working with older residents and carers in the borough to help them host their own celebrations around Silver Sunday and the return of the Full of Life Fair. FULL OF LIFE FULL

The programme of events is outlined below, please contact the relevant organisations directly to pre-book a place if it is not a drop-in event.



Name of organisation	Full of Life Fund activity	In person or online	Date and time	Open to all or members only	Venue	RSVP
Whitton Network	London Children's Ballet Performance for Clients and Carers	In-person	Saturday 24 September 2pm	Members only	Whitton Baptist Church Hall, TW2 7BZ	<u>whittonnetwork@btconnect.com</u> or 020 8755 1336
Heathfield Residents Neighbourhood Watch	Montrose Avenue Street Party – Twickenham	In-person	Sunday 25 September 1pm	Residents of Montrose Avenue, Twickenham	Montrose Avenue, Twickenham TW2	Just turn up!
Combination Dance	Uplifting Dance & Wellbeing Workshop	In-person	Tuesday 27 September 1 - 2:30pm	Open to all adults	Orleans House Gallery, TW1 3BL	Numbers are limited. 07966 230 563 or info@combinationdance.co.uk
Homelink Day Respite Centre	Afternoon Tea and Musical Entertainment	In-person	Wednesday 28 September 1:30-3:30pm	Open to carers and their cared for	Hospital Bridge Road, Twickenham, TW2 6DE	Numbers are limited. <u>pauline.field@</u> <u>homelinkdaycare.co.uk</u> or 020 8255 1992
Intergenerational Music Making	Intergenerational Music Workshop	In-person	Wednesday 28 September 11am	Open to all adult	Brinsworth House, Staines Road, TW2 5AL	<u>charlotte@imm-music.com</u>
Greendaisies Homeopathy	An Introduction to Homeopathic Prescribing at Home for Winter Ailments	In-person	Thursday 29 September 10am-12 noon	Open to all adults	The Oak Room, Greenwood Community Centre, TW12 1QL	Just turn up!
ETNA Community Centre	An Open Afternoon at ETNA Community Centre	In-person	Thursday 29 September 3-4pm	Open to all adults	13 Rosslyn Road, Twickenham, TW1 2AR	Just turn up!
Crossroads Care Richmond & Kingston	Relaxation Afternoon and Refreshments for Carers	In-person	Thursday 29 September 12:30-2:30pm	Open to all adults	26 Elmtree Road, Teddington, TW11 8ST	Numbers are limited. <u>val.wisdom@</u> <u>crossroadscarerk.org.uk</u> or 020 8943 9421
Elleray Hall Social Centre	Mosaics Class: Making a Coaster	In-person	Friday 30 September 1-3pm	Open to all adults	Elleray Road, Teddington, TW11 0HG	Session limited to 10 on first-come, first-served bookings. 020 8977 0549



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Eel Pie Island Museum	Slice of Eel Pie Walking Tour & Afternoon Tea	In-person	Sunday 2 October 1pm & 3pm	Open to all adults	Eel Pie Island Museum, TW1 3AB	Numbers are limited. eelpieislandmuseum@gmail.com
English Heritage	Marble Hill House Tour and Cream Tea	In-person	Sunday 2 October 3-4pm	Open to all adults	Marble Hill House, Richmond Rd, Twickenham TW1 2NL.	Register online: www.english-heritage.org.uk/visit/places/ marble-hill/events/
Mortlake Community Association	Full of Life Fair Social	In-person	Wednesday 5 October 1-3pm	Open to all adults	St Mary the Virgin Church, Mortlake High Street, SW14 8JA	timi@mortlakecommunityassociation.org.uk or 020 8487 5500
FiSH Neighbourhood Care	Afternoon Tea at Diana House	In-person	Wednesday 5 October 2:30-4:30pm	Residents of Diana House or PA Housing at Trinity Church Road (Barnes)	Diana House, 40 Lonsdale Road, SW13 9QP	If you are a resident of Diana House or PA Housing located at 10-12 Trinity Church Road, just turn up!
Elleray Hall Social Centre	Mosaics Class: Making a Photo Frame	In-person	Thursday 6 October 10:30am-12:30pm	Open to all adults	Elleray Road, Teddington, TW11 0HG	Session limited to 10 on first-come, first-served bookings. 020 8977 0549
Hampton & Hampton Hill Voluntary Care	Music for the Mind Taster Session	In-person	Friday 7 October 2pm	Open to all adults	The Greenwood Centre, 1A School Road, Hampton Hill, TW12 1QL	Just turn up!
Richmond Good Neighbours and The Avenue Club	Silver Sunday Afternoon Tea with Musical Entertainment	In-person	Sunday 9 October 2:30-4pm	Open to all adults	St Luke's, The Avenue, Kew, TW9 2JA	Numbers limited, please RSVP by 30 September. organiser@richmondgoodneighbours.org.uk 020 3538 4060

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Author Sara Challice	A Talk for Carers: Wisdom to Empower! Insight and Strategies to Improve Your Life	Online	Tuesday 11 October 11am-12 noon	Open to all adults	Zoom	https://bit.ly/CarersTalk22
Ham & Petersham SOS	Mane Chance Horse Sanctuary Outing	In-person	Tuesday 11 October 10am	Members Only	Mane Chance Horse Sanctuary, Guildford	organiser@hamandpetershamsos.co.uk or 020 8948 1090
The Pow Wow local music group)	Tunes in the Afternoon Acoustic Session	In-person	Tuesday 11 October 1-4pm	Open to all adults	The Cabbage Patch, 67 London Road, Twickenham, TW1 3SZ	Just turn up!
Elleray Hall Social Centre	Mosaics Class: Mirror Decoration	In-person	Wednesday 12 October 10:30am-12:30pm	Open to all adults	Elleray Road, Teddington, TW11 0HG	Session limited to 10 on first-come, first-served bookings. 020 8977 0549
Makers United & Age UK	Silver Sunday Dress to the Nines Afternoon & Clothes Swap	In-person	Friday 14 October 2pm	Open to all adults	Age UK, Arragon Road Twickenham, TW1 3NH	Just turn up!
The Neuro Rehab Practice	The Neuro Rehab Practice Exercise and Refreshments Afternoon	In-person	Friday 21 October 2pm	Open to all adults	Unit G1 Kingsway Business Park, Oldfield Road, Hampton, TW12 2HD	<u>info@neurorehabpractice.co.uk</u> or 020 8087 2212
Hampton & Hampton Hill Voluntary Care	Music for the Mind Taster Session	In-person	Friday 21 October 2pm	Open to all adults	The Greenwood Centre, 1A School Road, Hampton Hill, TW12 1QL	Just turn up!

