

Richmond Young People's Survey

Findings from the 2022 Survey A themed report for safety

The questionnaire

The Richmond Young People's Survey was developed by the Schools Health Education Unit (SHEU) in partnership with the London Borough of Richmond Upon Thames Public Health Team. The purpose of the survey was to obtain pupils' views on aspects of health and wellbeing including: healthy eating; safety; emotional wellbeing and leisure time.

Methodology

All primary and secondary schools were invited to participate in the survey during the spring and summer terms 2022, with the focus on Years 4, 5, 6, 8 and 10 pupils. All surveys were undertaken anonymously online or via a paper based version. Completed paper questionnaires were returned securely to SHEU for processing which were then combined with the online results.

Participation

A total of 4883 pupils took part from 18 primary and junior schools and 7 secondary schools. There was a reasonable mixture of boys (49%) and girls (46%) across the specified year groups. 5% didn't select male or female. 44% of the pupils surveyed described themselves as White British. 10% of pupils said that they had an additional need or disability. 15% said they were eligible for free school meals (7% currently receive them). 7% said they look after someone at home who couldn't look after themselves. 73% of Year 10 pupils said they were straight/heterosexual.

Cross-phase data

Many of the questions in each survey (primary and secondary) are identical or very similar. Some of the results of these questions are presented on page 6 of this summary document, so that behaviour can be seen across the age range.

Links

It is possible to look for connections (see page 7) between the answers pupils gave to different questions in the survey and to look at behaviour profiles, are there differences between the experience of pupils from different **ethnic backgrounds** for example or whether a pupil who has low self esteem is likely to be bullied, etc.

Inequalities

A selection of questions has been selected to look for different responses across potential vulnerable groups (pages 3 and 5).

Reports

Further detailed reports, containing a summary of all responses received by the pupils are available. There are also 4 other themed reports to accompany this one - see list below.

4,883 young people were involved in the survey

School Year	Year 4	Year 5	Year 6	Year 8	Year 10	Total
Age	8-9	9-10	10-11	12-13	14-15	
Boys	397	252	438	372	480	1,939
Girls	394	238	408	442	551	2,033
Total	820*	522*	883*	871*	1081*	4177*

*205 pupils didn't tell us their gender, another 706 secondary pupils were surveyed in other year groups but are not included in this report.

Reference sample

The Richmond sample has been compared with the SHEU wider data sample for other London Boroughs that have surveyed recently. These areas include Camden, Ealing, Greenwich, Haringey, Islington, Kingston and Wandsworth. Where possible, these figures are shown throughout the report in brackets ().

For more details please contact SHEU Phone 01392 667272
www.sheu.org.uk

Themed reports. This is number 5 of 5 reports

1) Healthy lifestyles

2) Drug education and substances

3) Emotional health and wellbeing

4) Relationships and sexual health

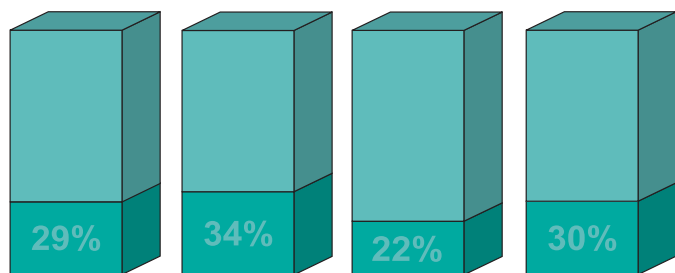
5) Safety

Richmond school pupils in Years 4 - 6 (ages 8 - 11)

Wider London data shown in brackets (%).

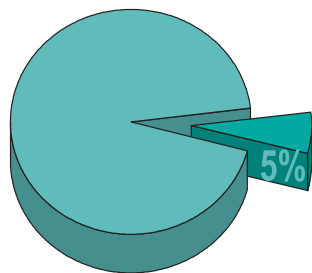
BULLYING

- 26% (26%) of boys and 33% (36%) of girls responded that they at least 'sometimes' feel afraid of going to school because of bullying:



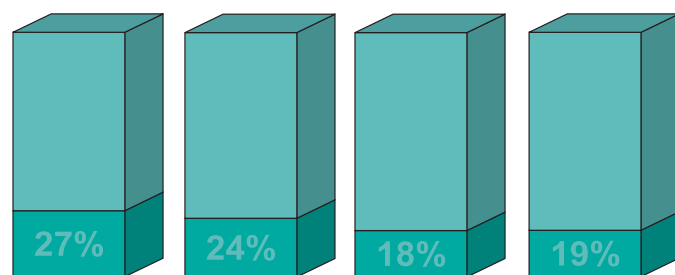
Year 4 Boys Year 4 Girls Year 6 Boys Year 6 Girls

- 5% (7%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.



- 3% (4%) of pupils think others may fear going to school because of them.

- 22% (19%) of pupils said they have been bullied at or near school in the last 12 months:



Year 4 Boys Year 4 Girls Year 6 Boys Year 6 Girls

- 63% (63%) of pupils said they have not been bullied at or near school in the last 12 months; 14% (18%) of pupils don't know if they have.
- 2% of Year 4/5 pupils said they have been bullied in the last 12 months because of a disability or learning difficulty; 1% said they were bullied because of their race or skin colour.

- Other reasons for being bullied are (top 5):

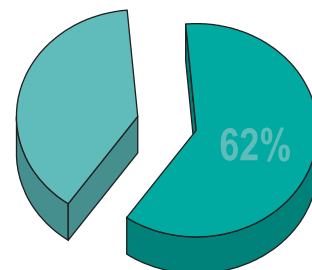
Year 4/5	Boys	Girls
Don't know why	12%	11%
Being different	4%	6%
Their size or weight	4%	4%
The way they look	3%	4%
Other	2%	2%

- 1% of Year 6 pupils said they have been bullied in the last 12 months because of their sexuality; 4% said they were bullied because of being different.

- Other reasons for being bullied are (top 5):

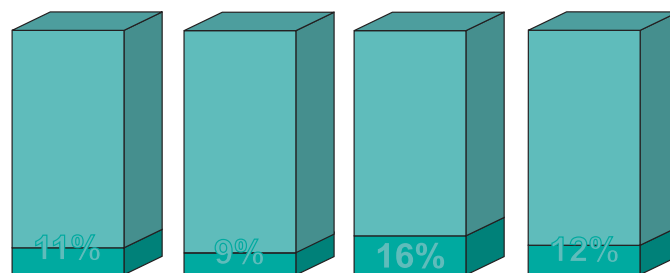
Year 6	Boys	Girls
Don't know why	8%	8%
Their size or weight	4%	6%
The way they look	4%	6%
Other	3%	4%
Being different	3%	2%

- 62% (53%) of pupils said their school deals with bullying 'quite' or 'very' well.



- 13% (13%) of pupils said their school deals with bullying 'badly' or 'not very well'. (15% of those who were 'often' or 'very often' afraid of going to school because of bullying said their school deals with it badly compared with 2% who weren't as afraid of going to school because of bullying).

- 13% (16%) of pupils said bullying is not a problem in their school:

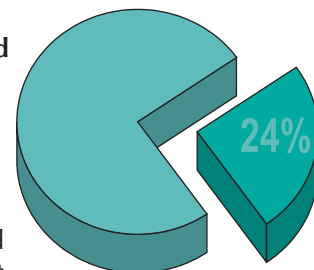


Year 4 Boys Year 4 Girls Year 6 Boys Year 6 Girls

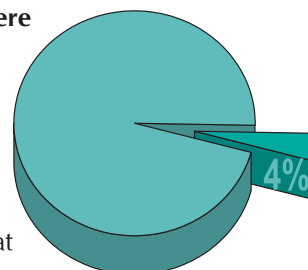
- 12% of pupils said they worry 'quite a lot' or 'a lot' about cyberbullying; 16% of pupils said the same about being bullied in other ways.

AT HOME

- 24% of Year 6 pupils said there has been shouting and arguing between adults at home at least 'once or twice' in the last month that frightened them; 6% said this has happened at least 'once a week'.

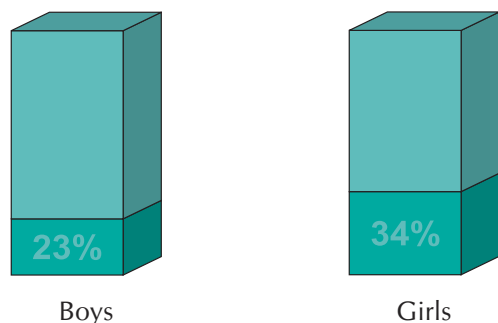


- 4% of Year 6 pupils said there has been violence or controlling behaviour between adults at home (e.g. hitting, punching, threats) at least 'once or twice' in the last month; 1% said this has happened at least 'once a week'.

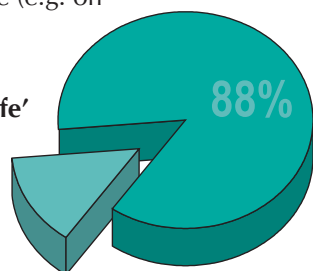


FEELING SAFE

- 29% (34%) of pupils said they feel 'unsafe' or 'very unsafe' when going out after dark:



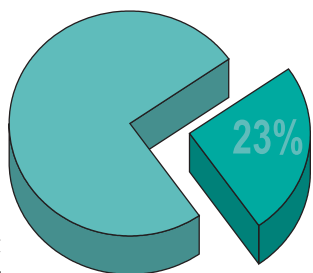
- 14% (17%) of pupils said they feel 'unsafe' or 'very unsafe' on public transport and 14% (18%) said the same when they are online (e.g. on social media).
- 88% (88%) of pupils said they feel 'safe' or 'very safe' at school** and 89% (85%) said the same of going out during the day.
- 80% (76%) of Year 6 pupils said they feel 'safe' or 'very safe' when walking, cycling or running: 85% of Year 6 boys and 76% of Year 6 girls said this.



INTERNET SAFETY

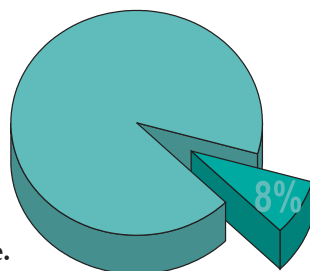
- 17% (18%) of Year 6 pupils (23% of boys and 11% of girls) said they have used live streaming.
- 87% (86%) of Year 6 pupils said they have chatted online; 48% use social media networking sites (e.g. Facebook, Snapchat, Instagram) to communicate with others.
- 82% (83%) of Year 6 pupils said they chat just to their friends or family that they know in real life whilst 42% said they chat to friends of friends.

- 23% (21%) of Year 6 pupils said they chat to other people who they don't know in real life.**



- 15% (18%) of Year 6 pupils said they have got a message or picture that scared them or made them upset.

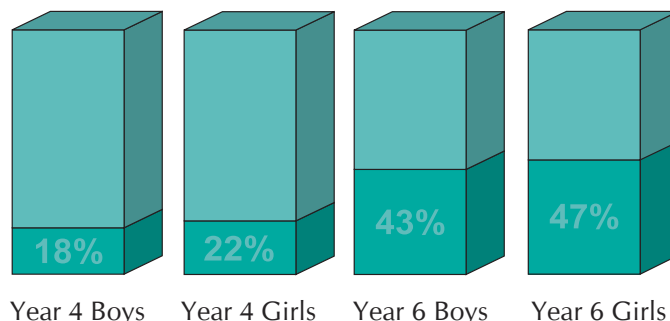
- 21% of Year 6 pupils said they have received a hurtful, unwanted or nasty message or picture whilst they were online; **8% said that hurtful comments were posted about them on a social networking site.**



- Year 6 pupils who said 'yes' to the following questions:

Year 6	Boys	Girls
Has anyone you didn't know asked to see pictures of you?	6%	7%
Has anyone (online or in person) threatened or pressured you to send a picture or video of yourself or show yourself on webcam?	3%	2%
Has anyone you don't know in person, asked to meet with you?	4%	7%
Have you ever met up with someone you first met online?	5%	3%
If YES, was this person much older than you?	1%	1%

- 6% of Year 6 pupils said that someone used/changed a picture to humiliate them whilst they were online; 4% said someone used their identity/password to post false or hurtful things online.
- 84% (85%) of Year 6 pupils said they have been told how to stay safe while online; 72% said they always follow the advice they have been given.
- 74% of primary boys and 52% of primary girls said they spent time playing computer games (e.g. Playstation, Nintendo DS, PC etc.) after school on the day before the survey.
- 31% of primary pupils said they spent time on social media (e.g. Whatsapp, Snapchat, Instagram etc.) after school on the day before the survey:**



INEQUALITIES (Year 6 pupils) ≠

Significant differences between potentially vulnerable groups and 'All Year 6 Pupils' are as follows:

- ↑ Pupils entitled to Free School Meals (FSM) are more likely to have been bullied (34% vs 19%).
- ↑ Pupils from single parent families are more likely to have been bullied (27% vs 19%).
- ↑ Pupils with Special Educational Need or Disability SEND are more likely to have hurt themselves when stressed (46% vs 30%).
- ↑ Pupils with SEND are more likely to have experienced domestic violence at home (9% vs 4%).
- ↑ Girls are more likely to feel unsafe going out after dark (36% vs. 30%).
- ↓ Pupils from mixed backgrounds were less likely to have access to the Internet all the time at home for schoolwork (75% vs. 80%).

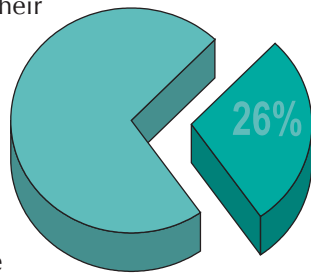
Richmond Secondary school pupils in Year 8 and Year 10 (ages 12 - 15)

BULLYING

- Pupils said that the following things happened to them in the last month (top 5):

	Boys		Girls
Been called names	23%	Been called names	24%
Had rumours and/or information spread about them	14%	Had rumours and/or information spread about them	22%
Been physically harmed	10%	Been socially excluded by others	18%
Had property taken or damaged	9%	Been physically harmed	7%
Been socially excluded by others	8%	Been sexually harmed or harassed	6%

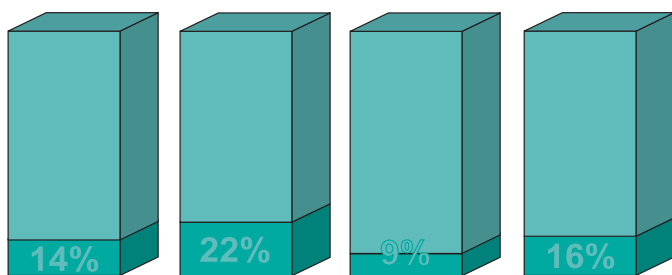
- 25% (20%) of pupils didn't know the focus for the behaviour, 4% (3%) said their gender and 3% (3%) said their sexuality.
- 26% (22%) of pupils said the behaviour took place in school while 7% (6%) said out of school.
- 8% (7%) of pupils said the behaviour took place online while 13% (10%) said it was face to face.



- Pupils were asked if they told anyone about this:

	Boys		Girls
No one	16%	A friend	22%
A friend	12%	An adult family member	12%
An adult family member	6%	No one	11%
A school staff member	3%	A brother/sister	5%
A brother/sister	1%	A school staff member	5%

- 16% (18%) of pupils said they at least 'sometimes' felt afraid of going to school because of bullying in the last month:



Year 8 Boys Year 8 Girls Year 10 Boys Year 10 Girls

- 3% (4%) of pupils said they were 'often' or 'very often' afraid to be in school because of bullying in the last month.

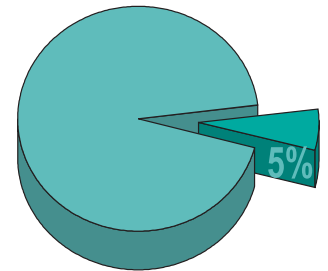
- 5% of pupils said they think others may fear going to school because of them.

- Pupils said that they think they have been bullied for the following reasons (top 10):

	Boys		Girls
Their size or weight	15%	The way they look	21%
The way they look	11%	Their size or weight	14%
Don't know why	7%	Don't know why	13%
Being different	5%	Their name or family background	7%
Their name or family background	5%	Being different	6%
Their race or skin colour	4%	Their race or skin colour	5%
The clothes they wear	3%	The clothes they wear	4%
Their sexuality	3%	Being a boy or a girl	4%
Other	3%	Their sexuality	4%
Their religion or faith	2%	Other	4%

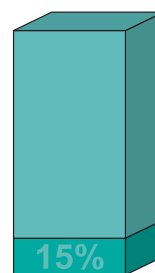
AT HOME

- 22% (17%) of pupils said there has been shouting and arguing between adults at home at least 'once or twice' in the last month that frightened them; 7% said this has happened at least 'once a week'.
- 5% (4%) of pupils said there has been violence or controlling behaviour between adults at home at least 'once or twice' in the last month; 2% said this has happened at least 'once a week'.

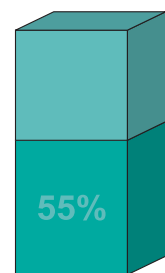


FEELING SAFE

- 38% (28%) of pupils said they feel 'unsafe' or 'very unsafe' when going out after dark: 45% of Asian pupils said this.



Boys

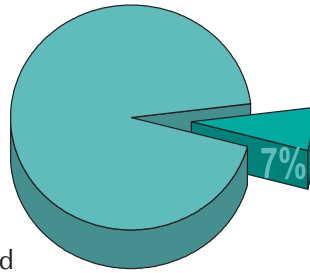


Girls

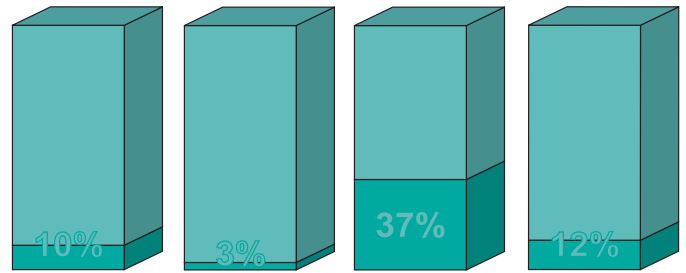
- 11% (10%) of pupils said they feel 'unsafe' or 'very unsafe' on public transport and 6% (8%) said the same when they are online (e.g. on social media).
- 84% (80%) of pupils said they feel 'safe' or 'very safe' at school and 83% (81%) said the same of going out during the day.
- 92% (83%) of Year 10 boys and 56% (57%) of Year 10 girls said they feel 'safe' or 'very safe' when walking, cycling or running.

VIOLENCE AND WEAPONS

- 8% (4%) of pupils (10% (5%) of Year 10 boys) said that they have been the victim of violence or aggression in the area where they live in the last 12 months.
- 7% (7%) of pupils (11% of Year 10 boys) said that they have been involved in a violent incident where a weapon was used/threatened.
- 2% (2%) of pupils responded that they carry weapons for protection when going out.
- 3% (2%) of pupils responded that they have been asked to carry/look after a weapon for someone else.



- 16% (12%) of pupils said they had viewed pornographic images online - they were looking for pornography:



Year 8 Boys Year 8 Girls Year 10 Boys Year 10 Girls

- Year 10 pupils who said 'yes' to the following questions:

Year 10	Boys	Girls
Has anyone you didn't know asked to see pictures of you?	27%	54%
Has anyone (online or in person) threatened or pressured you to send a picture or video of yourself or show yourself on webcam?	6%	14%
Have you sent sexual pictures of yourself to someone you don't know?	4%	7%
Have you sent sexual pictures of yourself to someone you do know?	6%	11%
Has anyone you don't know in person, asked to meet with you?	19%	34%
Have you ever met up with someone you first met online?	15%	19%
If YES, was this person much older than you?	1%	1%

- 74% (73%) of pupils said they have been told how to stay safe while online; 47% (43%) of pupils said they always follow the advice they have been given.

- Pupils said that the following things had happened to them online (top 5):

	Boys		Girls
Received a hurtful, unwanted or nasty message or picture	33%	Received a hurtful, unwanted or nasty message or picture	45%
Hurtful comments were posted about you on a social networking site	15%	Hurtful comments were posted about you on a social networking site	19%
Someone used/changed a picture to humiliate you	15%	Someone used/changed a picture to humiliate you	16%
Received very violent images	12%	Someone posted private information about you (including pictures)	10%
Someone posted private information about you (including pictures)	8%	Received very violent images	9%

- Pupils said they have done the following because of something upsetting that happened online (top 5):

	Boys		Girls
Blocked someone	61%	Blocked someone	76%
Insulted someone back	46%	Insulted someone back	42%
Talked to their parents/carers	15%	Talked to their parents/carers	41%
Asked a friend to reply for them	14%	Asked a friend to reply for them	34%
Talked to an adult at school	5%	Talked to an adult at school	13%

INTERNET SAFETY

- 26% (22%) of Year 8 pupils and 54% (48%) of Year 10 pupils said they have viewed pornographic images (videos, pictures online/social media or in a magazine/photographs).
- 29% (24%) of Year 10 pupils said they had viewed the images online - they weren't looking for pornography but it popped up; 17% (14%) said they had viewed a shared image on social media.

INEQUALITIES ≠

Significant differences between potentially vulnerable groups and 'All Year 8 or 10 Pupils' are as follows:

- ↑ Year 8 Young Carers are more likely to have been bullied (52% vs 37%).
- ↑ Year 8 pupils entitled to Free School Meals (FSM) are more likely to have been the victim of violence or aggression in the last 12 months (19% vs 8%).
- ↑ Year 8 pupils in single parent families are more likely to have been the victim of violence or aggression in the last 12 months (17% vs 8%).
- ↑ Year 8 Transgender pupils are more likely to have been bullied (51% vs 37%).
- ↑ Year 10 girls are more likely to feel unsafe going out after dark (57% vs. 36%).
- ↑ Year 10 LGBTQ+ pupils are more likely to feel unsafe going out after dark (51% vs. 36%).
- ↑ Year 10 LGB pupils are more likely to have carried weapons (5% vs 2%). (Not significant for TQ+)
- ↑ Year 10 LGB pupils are more likely to have self-harmed when stressed (56% vs 25%).

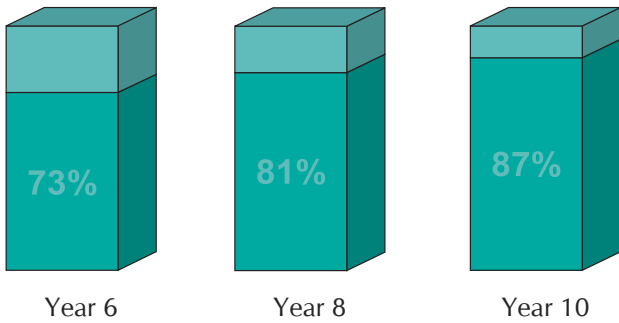
CROSS PHASE DATA

Questions included in both the primary and secondary versions of the questionnaire

- The following is a selection of data relating to the set of questions found in both the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up but this analysis is also useful because it can raise some important questions for local discussion.

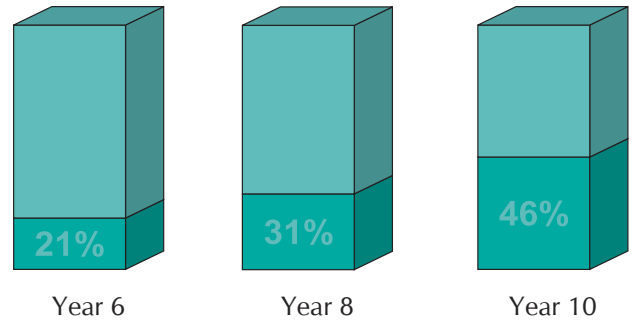
BULLYING

- Older pupils are more likely to 'never' feel afraid of going to school because of bullying:



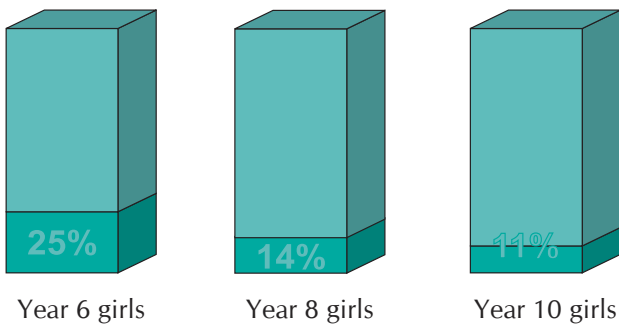
INTERNET SAFETY

- Older pupils are more likely to say they have received a hurtful, unwanted or nasty message or picture when online:

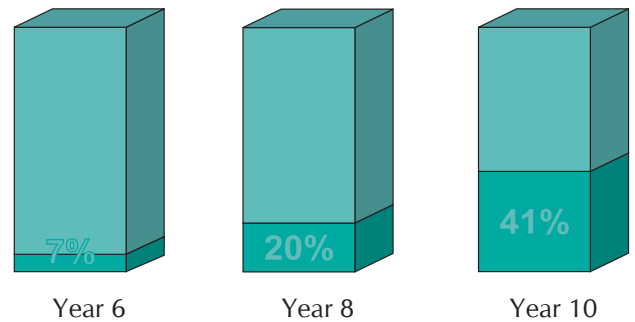


FEELING SAFE

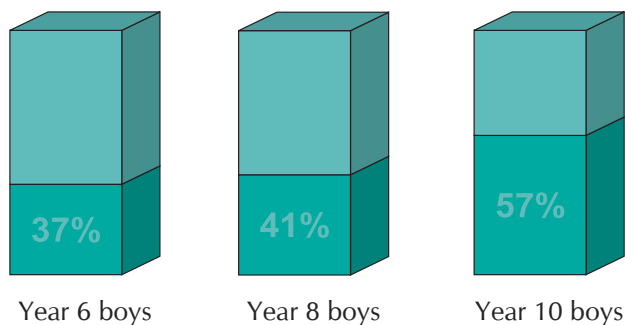
- Older girls are less likely to say they feel 'safe' or 'very safe' when going out after dark:



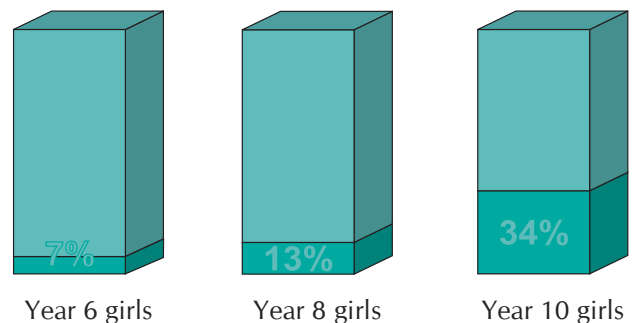
- Older pupils are more likely to say that someone they don't know has asked to see pictures of them:



- However, the opposite is true for boys with older boys being more likely to say they feel 'safe' or 'very safe' when going out after dark:



- Older girls are more likely to say that someone they don't know in person has asked to meet with them:



In general, higher proportions of boys than girls report feeling 'safe' or 'very safe' in all the situations listed at all ages. Can anything be done to help girls feel safer?


Online safety continues to be an area of concern; are schools and families being supported sufficiently well with appropriate resources and sign-posting?

- Older boys are more likely to report feeling 'safe' or 'very safe' on public transport: 58% of Year 6 boys, 74% of Year 8 boys and 83% of Year 10 boys said this.

- It is possible to look for connections between the answers pupils gave to different questions in the survey to look for behaviour profiles. The following are just 3 selected questions but any question can be analysed in this way. All differences illustrated below are statistically significant:

The first analysis is for primary pupils who at least sometimes feel afraid of going to school because of bullying compared with those primary pupils who never feel afraid of going to school because of bullying.

- 40% of pupils who feel afraid of going to school because of bullying also said they feel worried or anxious 'often' or 'every day'. This compared with only 14% of pupils who never feel afraid of going to school because of bullying. Therefore, we can say if you feel afraid of going to school because of bullying, you are more likely to feel worried or anxious.
- 51% of pupils who feel afraid of going to school because of bullying also said they have been bullied at or near school in the last 12 months. This compared with only 10% of pupils who never feel afraid of going to school because of bullying.
- This group are also more likely to have got a message or picture that scared them or made them upset.
- They are more likely to feel lonely.
- They are more likely to worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- They are more likely to say there has been shouting and arguing OR violence or controlling behaviour between adults at home at least 'once or twice' in the last month.
- They are also less likely to say they know a trusted adult confidant.

 **Pupils who are bullied or fear bullying are clearly vulnerable in many ways. What can be done to support their mental health and to tackle this issue?**

The second analysis is for Year 8 and 10 pupils who said they have been the victim of violence or aggression in the area where they live in the last 12 months compared with those pupils who said they hadn't been.

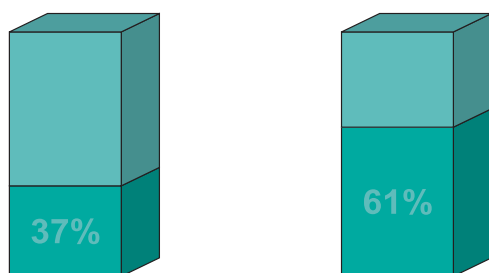
- 51% of pupils who said they have been the victim of violence or aggression also said they have been offered drugs. This compared with only 17% of pupils who hadn't been a victim of violence or aggression. Therefore, we can say that if you have been the victim of violence or aggression, you are more likely to have been offered drugs.
- 33% of pupils who said they have been the victim of violence or aggression also said they have taken drugs. This compared with 10% of pupils who hadn't been a victim of violence or aggression.
- This group are also more likely to say they have experienced at least one of the negative behaviours listed in a relationship with a boyfriend/girlfriend.
- They are more likely to say they have at least tried smoking or e-cigarettes/vaping.
- They are more likely to say someone they don't know has asked to see pictures of them.
- They are less likely to know a trusted adult confidant.
- They are more likely to say there's been violence or controlling behaviour between adults at home.
- They are also more likely to say there's a special sexual health or contraception & advice service for young people available locally.

 **There are clear safeguarding issues here.**

The third analysis is for Year 8 and 10 pupils who said there has been shouting and arguing between adults at home in the last month that frightened them compared with pupils who said there hadn't been any.

- 37% of pupils who said there has been shouting and arguing at home also said they are happy with their life at the moment. This compared with 61% of pupils who said there hadn't been any.**

Happy with life



Shouting and arguing at home

No shouting and arguing at home

- 19% of pupils who said there has been shouting and arguing at home also said there has been violence or controlling behaviour between adults at home in the last month. This is higher than the 1% of pupils who said there hadn't been any shouting and arguing.
- This group are also more likely to say that they worry about 5 or more issues listed.
- They are also more likely to say they feel lonely at least some of the time.
- They are less likely to know a trusted adult confidant.
- They are more likely to say their parents/carers smoke cigarettes.
- They are more likely to say they feel afraid of going to school because of bullying.
- They are also more likely to have received a hurtful, unwanted or nasty message or picture online.

The way forward – over to you.

The Richmond Young People's Survey was developed by the Schools Health Education Unit (SHEU) in partnership with the London Borough of Richmond upon Thames Public Health Team.

We are grateful to the teachers, schools and the young people for their time and contributions to this survey. The findings will be used to plan services and inform commissioning decisions and further support joint working. In addition the data will be used to inform plans and strategies with schools, the council and partners.

Richmond schools who took part in the survey:

Primary Schools

Bishop Perrin CE Primary School
Buckingham Primary School
Chase Bridge Primary School
Collis Primary School
Darell Primary and Nursery School
East Sheen Primary School
Hampton Hill Junior School
Holy Trinity CE Primary School
Nelson Primary School
Orleans Primary School
St James's RC Primary School
St Mary Magdalen's Catholic Primary School
St Mary's and St Peter's CE Primary School
St Richard Reynolds Catholic Primary School
St Richard's CE Primary School
The Russell Primary School
The Vineyard School
Thomson House School

Secondary Schools

Grey Court School
Hampton High
Orleans Park School
St Richard Reynolds Catholic High School
Teddington School
Turing House School
Waldegrave School

For more information about the survey please contact:

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Glossary:

FSM - Pupils eligible for free school meals

LGBTQ - Lesbian, Gay, Bisexual, Transgender, Questioning +

SEND - Special Educational Need or Disability

Transgender - gender is different to that which they were assigned at birth

Young carers - pupils who care for someone at home on a regular basis who are unable to care for themselves.