

Teddington Pools and Fitness Centre

From w/c 30.06.25						MAIN POOL TIMETABLE																																																										
	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY			Club Use	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) FL		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML				TSC Masters		Adult Lane Swim ML		Adult Lane Swim SL						Swim School				Adult Swim School				Adult Lane Swim SL																		
			Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Aqua Fit														TSC Masters		School		School		Adult Lane Swim FL		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Swim School				Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		SwimFit		Adult Lane Swim FL												
			Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML																TSC Masters						Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		General Swim		General Swim		Adult Lane Swim (45) ML		Adult Lane Swim (45) ML		SwimFit		Adult Lane Swim ML														
TUESDAY			Club Use	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) FL		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) SL		Swim School				RISE				Teddington Swim Club																										
			Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		SwimFit		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) FL		Swim School		Swimfit ADV		Teddington Swim Club																														
			Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) FL		General Swim		General Swim		Adult Lane Swim ML		Teddington Swim Club																												
WEDNESDAY			Club Use	Adult Lane Swim SL		Adult Lane Swim SL		School Lessons		Adult Lane Swim SL		Adult Lane Swim ML		TSC Masters		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim (45) SL		Swim School				Club Use		Aqua Fit				Adult Lane Swim SL		Adult Lane Swim SL						Adult Lane Swim SL		Adult Lane Swim SL																						
			Club Use	Adult Lane Swim FL		Adult Lane Swim FL				Adult Lane Swim FL		Aqua Fit		TSC Masters		Adult Lane Swim FL		Adult Lane Swim FL		Adult Lane Swim FL		Swim School		Club Use		Fast Lane (3)		Adult Lane Swim FL		Adult Lane Swim FL																																		
			Club Use	Adult Lane Swim ML		Adult Lane Swim ML				Adult Lane Swim ML		TSC Masters		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		General Swim		General Swim		Club Use		Adult Lane Swim ML		Adult Lane Swim ML																																				
THURSDAY			Club Use	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Swim School		Swimfit 45		Teddington Swim Club 1900-2200																																
			Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Swim School		Swimfit 45		Teddington Swim Club 1900-2200																																
			Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		General Swim		General Swim		Adult Lane Swim ML		Teddington Swim Club 1900-2200																														
FRIDAY	Club Use			Slow 30		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim SL		Adult Lane Swim ML		TSC Masters		Adult Lane Swim SL		School Hire		Adult Lane Swim SL		Swim School		Club Use		Richmond Swim Club																																						
	Club Use			Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim FL		TSC Masters		Adult Lane Swim FL		Adult Lane Swim FL		Adult Lane Swim FL		Swim School		Club Use		Richmond Swim Club																																						
	Club Use			Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Swim ML		Aqua Fit		TSC Masters		Adult Lane Swim ML		Adult Lane Swim ML		Adult Lane Swim ML		General Swim		General Swim		Club Use		Richmond Swim Club																																		
SATURDAY								Swim School						Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim		Teddington Swim Club 1600-1930																																						
								121 Lessons						Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL						Teddington Swim Club 1600-1930																																						
								Lane Swim ML		General Swim		General Swim		Lane Sw im (45) SL		Lane Sw im (45) SL		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Teddington Swim Club 1600-1930																																						
SUNDAY								Lane Swim SL		Lane Swim SL		General Swim		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim		Teddington Swim Club 1600-2030																																						
								Lane Swim FL		Lane Swim FL				Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL						Teddington Swim Club 1600-2030																																						
								Lane Swim ML		Lane Swim ML				Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Teddington Swim Club 1600-2030																																						

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
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Window Side Lane
Middle Lane
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Window Side Lane
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