

# Teddington Pools and Fitness Centre

From w/c 29.07.24

## MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Over 60 Swim (45) FL			Adult Lane Swim ML			Adult Lane Swim ML						TSC Masters						Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim ML						Adult Lane Swim SL											
	Club Use	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Over 60 Swim (45) FL			General Swim - Summer Splash			Aqua Fit						TSC Masters						Adult Lane Swim FL			Funtime Floats			General Swim			General Swim			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			SwimFit						Adult Lane Swim FL											
	Club Use	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Over 60 Swim (45) ML												TSC Masters						Adult Lane Swim ML																					Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			SwimFit						Adult Lane Swim ML		
TUESDAY	CLOSED	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Teddington Swim Club - finish 9pm																							
	CLOSED	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			General Swim - Summer Splash			Aqua Fit						SwimFit			Adult Lane Swim FL			Adult Lane Swim FL						121 Lesson			SwimFit ADV			Teddington Swim Club - finish 9pm																							
	CLOSED	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML												SwimFit			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Funtime Floats			General Swim			General Swim			Adult Lane Swim FL			Teddington Swim Club - finish 9pm																	
WEDNESDAY	CLOSED	Adult Lane SL 7:05			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			TSC Masters			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			Aqua Fit			Adult Lane Swim SL			Sub Aqua																	
	CLOSED	Adult Lane FL 7:05			Adult Lane Swim FL			NPLQ			General Swim - Summer Splash			Aqua Fit						TSC Masters			Adult Lane Swim FL			NPLQ						Adult Lane Swim FL			Fast Lane (3)			Adult Lane Swim FL																										
	CLOSED	Adult Lane ML 7:05			Adult Lane Swim ML			Adult Lane Swim ML												TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Funtime Floats			General Swim			General Swim			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML																	
THURSDAY	CLOSED	Adult Lane SL 7:05			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			Teddington Swim Club - last session						Adult Lane Swim SL																	
	CLOSED	Adult Lane FL 7:05			Adult Lane Swim FL			NPLQ			General Swim - Summer Splash			Aqua Fit						TSC Masters			Adult Lane Swim FL			NPLQ						Adult Lane Swim FL			Teddington Swim Club - last session						Adult Lane Swim FL																							
	CLOSED	Adult Lane ML 7:05			Adult Lane Swim ML			Adult Lane Swim ML												TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Funtime Floats			General Swim			General Swim			Adult Lane Swim ML			Teddington Swim Club - last session						Adult Lane Swim ML																	
FRIDAY	CLOSED	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim ML			Adult Lane Swim ML			TSC Masters			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim (45) SL																				
	CLOSED	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			NPLQ			General Swim - Summer Splash			Aqua Fit						TSC Masters			Adult Lane Swim FL			NPLQ						Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim (45) FL																										
	CLOSED	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML									Adult Lane Sw im (45) ML						TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Funtime Floats			General Swim			General Swim			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Sw im (45) ML																	
SATURDAY	CLOSED	CLOSED			Adult Lane Swim SL			NPLQ			Adult Lane Swim ML			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats			General Swim			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL																										
	CLOSED	CLOSED			Adult Lane Swim FL			General Swim			General Swim			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			NPLQ			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL																										
	CLOSED	CLOSED			Adult Lane Swim ML												Adult Lane Swim (45) ML			Adult Lane Swim (45) ML			Adult Lane Swim (45) ML						Adult Lane Swim (45) ML						Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML																	
SUNDAY	CLOSED	CLOSED			Adult Lane Swim SL			Adult Lane Swim SL			General Swim			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats			NPLQ			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL																										
	CLOSED	CLOSED			Adult Lane Swim FL			NPLQ						Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL															Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL																				
	CLOSED	CLOSED			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Swim ML						Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML																										

Window Side Lane  
Middle Lane  
Kiosk Side Lane

Window Side Lane  
Middle Lane  
Kiosk Side Lane

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