

WALK THIS WAY



DAWN CHORUS/ DUSK WALK

LENGTH Long

AGE 8-108

WHERE Any park or green space but particularly those with woodland

Some animals are most active at dawn or dusk.

To experience a dawn chorus go to the park on a spring or summer day first thing in the morning. The earlier you go, the louder the birdsong. Wrap up warmly and take a picnic breakfast and camera.

You could also go for a walk at dusk. Some animals are most active at this time. You might see bats, owls, deer, mice, rabbits, or foxes. Moths, beetles and many insects are also active at dusk.

Fill in the table to record what you see.

What animal/bird did you see	What colour were they	Do they have any distinctive features	Where did you find the animal	Drawing

WALK THIS WAY



KID'S REVENGE

LENGTH Short
 AGE 8-108
 WHERE Any park or green space

This is a walk for children to plan for adults.

Draw a map of the park or open space that you are going to. Mark the points of interest that you would like to look at – the play ground, the river or pond, trees to climb, the wood-sand so on.

Print the Walk Leaders badge. You can decorate it, cut it out and pin it to your clothes with a safety pin or some sticky tape. When you get home ask your adults what they liked best.

You can use the table to record all your walks

NAME OF PARK	DATE	LOCATION	DISTANCE OF WALK



Cut along dotted line

Remember that you are the walk leader and are in charge, make sure you keep everyone safe



WALK THIS WAY



MARATHON

LENGTH Long
AGE 8-108
WHERE Any park or green space.

Plan your outing by looking at maps of the parks in the borough to plan a walk through as many parks as possible. Use the *Find a Park* facility to find parks near to each other.

http://www.richmond.gov.uk/home/services/parks_and_open_spaces/find_a_park.htm

Fill the tables opposite to record the details of your walk. You could set a time limit and see how many parks you can walk through in a set time. Or you could decide to only walk in straight lines or one direction of the compass.

DATE	
DISTANCE WALKED	
TIME TAKEN	
How many places did you visit	
WHO WENT ON THE WALK	

PARKS VISITED	FEATURES	COMMENTS