Teddington Pools and Fitness Centre

From w/c 24.03.25

MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	
MONDAY	Club Use				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL		Adult Lane Swim (45) SL				Adult Lane Swim (45) SL			Adult Lane Sw im (45) ML			TSC Masters				Staff Training				Adult Lane Swim SL				Swim School														Adult Swim School							Adult Lane Swim SL			
	Club Use				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL		Adult Lane Swim (45) FL				Adult Lane Swim (45) FL			Aqua Fit			TSC Masters				School		School		Adult Lane Swim FL						Swim School								Adult Lane Swim (45) FL		Adult Lane Swim (45) FL			SwimFit							Adult Lane Swim FL			
	Club Use				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML						TSC Masters								Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML				General Swim		General Swim				Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML			SwimFit							Adult Lane Swim ML			
TUESDAY	Club Use				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL						Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim (45) SL				Swim School								RISE						Teddington Swim Club													
	Club Use				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL						Adult Lane Swim FL			Adult Lane Swim FL			SwimFit			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL				Swim School								Adult Lane Swim ML						Teddington Swim Club													
	Club Use				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML						Adult Lane Swim ML			Adult Lane Swim ML			SwimFit			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML				General Swim		General Swim						SwimFit DEV						Teddington Swim Club													
WEDNESDAY	Club Use				Adult Lane Swim SL				Adult Lane Swim SL												Adult Lane Swim SL			Adult Lane Swim ML			TSC Masters			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim (45) SL				Swim School								Club Use				Aqua Fit				Adult Lane Swim SL			Sub Aqua			
	Club Use				Adult Lane Swim FL				Adult Lane Swim FL				School Lessons								Adult Lane Swim FL			Aqua Fit			TSC Masters			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL				Swim School								Club Use				Fast Lane (3)				Adult Lane Swim FL						
	Club Use				Adult Lane Swim ML				Adult Lane Swim ML												Adult Lane Swim ML						TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML				General Swim		General Swim						Club Use				Adult Lane Swim ML				Adult Lane Swim ML			Adult Lane Swim ML			
THURSDAY	Club Use				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL																								Adult Lane Swim SL				Adult Swim School				Staff Swim				School				Adult Lane Swim SL				Swim School							Swimfit 45				Teddington Swim Club 1900-2200						
	Club Use				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				School - Radnor House																				Adult Lane Swim FL				SwimFit										Staff Swim				Adult Lane Swim FL				Swim School							Swimfit 45				Teddington Swim Club 1900-2200						
	Club Use				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML																Adult Lane Swim ML				SwimFit				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				General Swim		General Swim					Staff Training				Teddington Swim Club 1900-2200						
FRIDAY	Club Use						Slow 30		Adult Lane Swim SL				Over 60 Swim SL				Adult Lane Swim SL				Adult Lane Swim ML						TSC Masters			Adult Lane Swim SL			School Hire		Adult Lane Swim SL				Swim School								Club Use				Richmond Swim Club													
	Club Use				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL						Adult Lane Swim FL			Aqua Fit			TSC Masters			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL				Swim School								Club Use				Richmond Swim Club													
	Club Use				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML						Adult Lane Swim ML						TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML				General Swim		General Swim						Club Use				Richmond Swim Club													
SATURDAY																																																																	
									Swim School																																																										
									121 Lessons																																																									
									Lane Swim ML				General Swim				General Swim																																																		
																					Lane Swim (45) SL																																															
																					Lane Swim (45) FL																																															
																					Lane Sw im (45) ML						Swimathon Event 1200-1600																																											
SUNDAY									Lane Swim SL				Lane Swim SL				General Swim																																																			
									Lane Swim FL				Lane Swim FL																																																							
									Lane Swim ML				Lane Swim ML				Lane Swim ML																																																				
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																					Lane Swim (45) FL						Swimathon Event 1200-1600																																											
																					Lane Sw im (45) ML																																																								

MONDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
TUESDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
WEDNESDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
THURSDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
FRIDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
SATURDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane
SUNDAY	Window Side Lane
	Middle Lane
	Kiosk Side Lane