

Teddington Pools and Fitness Centre

From w/c 01.09.25				MAIN POOL TIMETABLE																																																													
		06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		General Swim		Aqua Fit		Lane Sw im (45) ML		TSC Masters		TSC Masters		TSC Masters		Lane Swim SL		General Swim		General Swim		Lane Swim SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim ML		Lane Swim SL																				
	Club Use		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim FL		Lane Swim FL		Lane Swim FL				Lane Swim (45) FL				Lane Swim (45) FL				SwimFit						Lane Swim FL																												
	Club Use		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Lane Swim ML				Lane Swim ML				Lane Sw im (45) ML				Lane Sw im (45) ML						SwimFit		Lane Swim ML																										
TUESDAY	Club Use		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		General Swim		Lane Swim SL		Lane Swim ML		Lane Swim SL		Lane Swim SL		General Swim		General Swim		Lane Swim SL		Lane Swim ML		Teddington Swim Club																												
	Club Use		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim FL		SwimFit		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Teddington Swim Club																																
	Club Use		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		SwimFit		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Swimfit ADV		Teddington Swim Club																																		
WEDNESDAY	Club Use		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		General Swim		Lane Swim ML		TSC Masters		Lane Swim SL		Lane Swim SL		General Swim		General Swim		Lane Swim SL		Lane Swim SL		Aqua Fit				Lane Swim SL		Sub Aqua																						
	Club Use		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim		Aqua Fit		TSC Masters		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Fast Lane (3)		Lane Swim FL																										
	Club Use		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Aqua Fit		TSC Masters		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML																								
THURSDAY	Club Use		Lane Swim (45) SL		Lane Swim (45) SL		School Hire						Lane Swim SL		Lane Swim ML		Lane Swim SL		Lane Swim SL		General Swim		General Swim		Lane Swim SL		Lane Swim ML		Teddington Swim Club 1900-2200																																				
	Club Use		Lane Swim (45) FL		Lane Swim (45) FL		School Hire						Lane Swim FL		SwimFit		Lane Swim FL		Lane Swim FL		General Swim		General Swim		Lane Swim FL		SwimFit		Teddington Swim Club 1900-2200																																				
	Club Use		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		SwimFit		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		SwimFit		Teddington Swim Club 1900-2200																																		
FRIDAY	Club Use			Slow 30		Lane Swim SL		Lane Swim SL		General Swim		Lane Swim ML		TSC Masters		Lane Swim SL		Lane Swim SL		General Swim		General Swim		Lane Swim SL		Lane Swim SL		Lane Swim SL		Lane Swim SL		Lane Swim (45) SL																																	
	Club Use		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		General Swim		Aqua Fit		TSC Masters		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim FL		Lane Swim (45) FL																																		
	Club Use		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Aqua Fit		TSC Masters		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Sw im (45) ML																																		
SATURDAY					Lane Swim SL		Lane Swim SL		General Swim		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim		Teddington Swim Club 1600-1930																																										
					Lane Swim FL		Lane Swim FL		General Swim		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Funtime Floats		General Swim		Teddington Swim Club 1600-1930																																										
					Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Teddington Swim Club 1600-1930																																										
SUNDAY					Lane Swim SL		Lane Swim SL		General Swim		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Lane Swim (45) SL		Funtime Floats		General Swim		Teddington Swim Club 1600-2030																																										
					Lane Swim FL		Lane Swim FL		General Swim		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Lane Swim (45) FL		Funtime Floats		General Swim		Teddington Swim Club 1600-2030																																										
					Lane Swim ML		Lane Swim ML		Lane Swim ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Sw im (45) ML		Lane Swim ML		Lane Swim ML		Teddington Swim Club 1600-2030																																										

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane