

April-July
2024

Junior & Adult Summer Programme

Junior programmes will run from Monday 15 April to Sunday 21 July.
No courses will run on bank holiday 6 May and during half term 27 May to 2 June.

JUNIOR PROGRAMME

Thursday		R/C	Standard
Karate beg 5+yrs	5.30-6.30pm	£79.30	£96.20
Karate int 8+yrs	6.30-7.30pm	£79.30	£96.20
Friday			
Judo Beg 5+yrs	5.00-6.00pm	£79.30	£96.20
Judo Int 8+yrs	6.00-7.00pm	£79.30	£96.20
Saturday			
RGA gymnastics beg Reception Year 1	9.00-10.00am	£79.30	£96.20
RGA gymnastics int Year 2-Year 4	10.00-11.00am	£79.30	£96.20
RGA gymnastics adv Year 5-Year 6	11.00am-12noon	£79.30	£96.20

ADULT PROGRAMME Adult Programme will run from week Wednesday 17 April.

Wednesday		R/C	Standard
Badminton 50+ Club	6.30-8.00pm	£4.50	£5.00
Badminton Beginners Club	6.30-8.00pm	£7.30	£8.00
Badminton Intermediate Club	8.00-10.00pm	£7.30	£8.00

Courses and dates/times may be amended. Please check at the centre. Refunds will only be given when a valid doctor's note is supplied.

Beg beginners
Int intermediate

Imp improvers
Adv advanced
All all levels

RGA Richmond Gymnastics Association
R/C Richmond Card with paid for leisure subscription

Shene Sports & Fitness Centre

Park Avenue, East Sheen,
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www.richmond.gov.uk/ssfc

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LONDON BOROUGH OF
RICHMOND UPON THAMES