

# Teddington Pools and Fitness Centre

		From w/c 13.05.24		MAIN POOL TIMETABLE																																																													
		06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Over 60 Swim (45) FL	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML		TSC Masters	Adult Lane Swim ML	Adult Lane Swim SL	Swim School										Adult Swim School	Adult Lane Swim SL																																								
	Club Use	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Over 60 Swim (45) FL	School Lessons		School	Aqua Fit		TSC Masters	School	School	Adult Lane Swim FL	Swim School										SwimFit	Adult Lane Swim FL																																							
	Club Use	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Over 60 Swim (45) ML						TSC Masters			Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	General Swim	General Swim	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	SwimFit	Adult Lane Swim ML																																												
TUESDAY	Club Use	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim ML	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim (45) SL	Swim School				RISE	Teddington Swim Club																																														
	Club Use	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim FL	Adult Lane Swim FL	SwimFit	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim FL	Swim School				Adult Lane Swim ML	Teddington Swim Club																																														
	Club Use	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	SwimFit	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim	General Swim	Swimfit 45	Teddington Swim Club																																																	
WEDNESDAY	Club Use	Adult Lane SL 7:05	Adult Lane Swim SL	School Lessons			Adult Lane Swim SL	Adult Lane Swim ML	TSC Masters	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim (45) SL	Swim School				Club Use Lanes 5	Aqua Fit	Adult Lane Swim SL	Sub Aqua																																													
	Club Use	Adult Lane FL 7:05	Adult Lane Swim FL	School Lessons			Adult Lane Swim FL	Aqua Fit	TSC Masters	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim ML	Swim School				Fast Lane (3)	Adult Lane Swim FL																																															
	Club Use	Adult Lane ML 7:05	Adult Lane Swim ML	School Lessons			Adult Lane Swim ML		TSC Masters	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim	General Swim	121 Lessons	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML																																															
THURSDAY	Club Use	Adult Lane SL 7:05	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Swim School		School	Staff Fitness Swim	Swim School				Adult Lane Swim ML	Teddington Swim Club																																																
	Club Use	Adult Lane FL 7:05	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim FL	SwimFit			Adult Lane Swim FL	Swim School				Swimfit 45	Teddington Swim Club																																																
	Club Use	Adult Lane ML 7:05	Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim ML	SwimFit	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim	General Swim	Swimfit 45	Teddington Swim Club																																																		
FRIDAY	Club Use - 7am only	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Lane Swim ML	TSC Masters	Adult Lane Swim SL	School Hire	Adult Lane Swim SL	Swim School				Club Use	Richmond Swim Club																																																
	Club Use	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Over 60 Swim (45) FL	Adult Lane Swim FL		TSC Masters	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim ML	Swim School				Club Use	Richmond Swim Club																																																
	Club Use	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Over 60 Swim (45) ML	Adult Lane Swim ML	Aqua Fit	TSC Masters	Adult Lane Swim ML	Adult Lane Swim SL	Adult Lane Swim SL	General Swim	General Swim	Club Use	Richmond Swim Club																																																		
SATURDAY	CLOSED	CLOSED	Swim School				Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Funtime Floats	General Swim	Teddington Swim Club 1600-1930																																																				
	CLOSED	CLOSED	121 Lessons	Swim School				Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim ML	Adult Lane Swim ML	Teddington Swim Club 1600-1930																																																			
	CLOSED	CLOSED	Adult Lane Swim ML	General Swim	General Swim	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	Teddington Swim Club 1600-1930																																																					
SUNDAY	CLOSED	CLOSED	Adult Lane Swim SL	Adult Lane Swim SL	General Swim		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Funtime Floats	General Swim	Teddington Swim Club 1600-2030																																																				
	CLOSED	CLOSED	Adult Lane Swim FL	Adult Lane Swim FL	General Swim		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Funtime Floats	General Swim	Teddington Swim Club 1600-2030																																																				
	CLOSED	CLOSED	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	Teddington Swim Club 1600-2030																																																					

Window Side Lane  
Middle Lane  
Kiosk Side Lane

Window Side Lane  
Middle Lane  
Kiosk Side Lane

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