Teddington Pools and Fitness Centre

Fr	rom w/c 28.07.25			MAIN POO	L TIMETABLE	E									
	06:00 06:15 06:30 06:45	07:00 07:15 07:30	08:00	08:30	09:15 09:30 09:45	10:00 10:15 10:30 10:45	11:15	12:00 12:15 12:30 12:45	13:00 13:15 13:30 13:45	14:00 14:15 14:30 14:45	15:00 15:15 15:30 15:45	16:00 16:15 16:30 16:45	17:00 17:15 17:30 17:45	18:00 18:15 18:30 18:45	19:00 19:15 19:30 19:45 20:00 20:30 20:30 20:45 21:15 21:15 21:15
MONDAY	Club Use La	ane Swim (45) FL Lar	ne Swim (45) SL ne Swim (45) FL	Lane Swim (45) S Lane Swim (45) F		General Swim	Lane Swim ML Aqua F	TS	C Masters C Masters	Funtime Floats	General Swim	General Swim	Lane Swim SL Lane Swim FL	Lane Swim (45) FL Lane	
	Club Use	Lane Sw im (45) La ML	ane Sw im (45) ML	NPLQ	NPLQ	Lane Swim ML	Aqua		C Masters	NPLQ	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Sw im (45) Lan ML	se Sw im (45) ML SwimFit Lane Swim ML
TUESDAY	La	ane Swim (45) SL Lar	ne Swim (45) SL	Lane Swim (45) S	SL Lane Swim (45) SL	General Swim	Lane Swim SL	Lane Swim ML	Stroke Workshop	Funtime Floats	General Swim	General Swim	Lane Swim SL	Lane Swim ML	Teddington Swim Club Lane Swim SL
			ne Swim (45) FL ane Sw im (45)	Lane Swim (45) F			Lane Swim FL	SwimFit	Fast Lane (3)				Lane Swim FL	Lane Swim FL	Teddington Swim Club Lane Swim FL
		ML (45)	ML (43)	NPLQ	NPLQ	Lane Swim ML	Lane Swim ML	SwimFit	Lane Swim ML	NPLQ	Lane Swim ML	Lane Swim ML	Lane Swim ML	SwimFit DEV	Teddington Swim Club Lane Swim ML
DAY	La	ane Swim (45) SL Lar	ne Swim (45) SL	Lane Swim (45) S	SL Lane Swim (45) SL	General Swim	Lane Swim ML	TSC Masters	Diving Workshop	Funtime Floats	General Swim	General Swim	Lane Swim SL	Lane Swim SL	Aqua Fit Lane Swim SL Sub Aqua
EDNES			ne Swim (45) FL	Lane Swim (45) F	FL Lane Swim (45) FL		Agua Fit	TSC Masters	Fast Lane (3)	(3)			Lane Swim FL	Lane Swim FL	Fast Lane (3)
3	l l	Lane Sw im (45) La ML	ane Sw im (45) ML	NPLQ	NPLQ	Lane Swim ML		TSC Masters	Lane Swim ML	NPLQ	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML Lane Swim ML Lane Swim ML
)AY	La	ane Swim (45) SL Lar	ne Swim (45) SL	Lane Swim (45) S	SL Lane Swim (45) SL	General Swim	Lane Swim SL	Lane Swim ML	Stroke Workshop	Funtime Floats	General Swim	General Swim	Lane Swim SL	Lane Swim ML	Teddington Swim Club Lane Swim SL
HURSD		1 1	ne Swim (45) FL	Lane Swim (45) F	FL Lane Swim (45) FL		Lane Swim FL	SwimFit	Fast Lane (3)				Lane Swim FL	SwimFit	Teddington Swim Club Lane Swim FL
F	L	Lane Sw im (45) La ML	ane Sw im (45) ML	NPLQ	NPLQ	Lane Swim ML	Lane Swim ML	SwimFit	Lane Swim ML	NPLQ	Lane Swim ML	Lane Swim ML	Lane Swim ML	SwimFit	Teddington Swim Club Lane Swim ML
	La	ane Swim (45) SL Lar	ne Swim (45) SL Lane Swim (45) SL Lane Swim (45) S		L General Swim	Lane Swim ML	TSC Masters	Lane Swim SL	Funtime Floats	General Swim	General Swim	Lane Swim SL	Lane Swim SL	Lane Swim SL Lane Swim (45) SL	
FRIDA		1 1	ne Swim (45) FL				Agua Fit	TSC Masters	Lane Swim FL	runtime rioats	Scherarswill	General 3wiiii	Lane Swim FL	Lane Swim FL	Lane Swim FL Lane Swim (45) FL
	L	Lane Sw im (45) La ML	ane Sw im (45) ML	NPLQ	NPLQ	Lane Swim ML	riquotit	TSC Masters	Lane Swim ML	Lane Swim ML	NPLQ	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML Lane Sw im (45) ML
TURDAY			Lane Swim SL Lane Swim SL		General Swim	Lane Swim (45) SL Lane Swim (45) SL Lane Swim (45)		m (45) SL Lane Swim (45) Si	Swim (45) SL Funtime Floats	General Swim	General Swim	Lane Swim SL	Lane Swim SL		
			Lane S	Lane Swim FL Lane Swim FL		General Swiff	Lane Swim (45) FL Lane S	Swim (45) FL Lane Swi	m (45) FL Lane Swim (45) Fi		General Swift	General Swill	Lane Swim FL	Lane Swim FL	
SAT			Lane Sv	wim ML	Lane Swim ML	Lane Swim ML	Lane Sw im (45) Lane ML	Sw im (45) Lane Sw ML N	v im (45) Lane Sw im (45) ML ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	
			Lane Swim SL Lane Swim SL			Lane Swim (45) SL Lane Swim (45) SL Lane Swim (45)		m (45) SL Lane Swim (45) Si		Companisori	0 10 1	Lane Swim SL	Lane Swim SL		
SUNDAY			Lane S	Swim FL	Lane Swim FL	General Swim	Lane Swim (45) FL Lane S	Swim (45) FL Lane Swim (45) FL Lane Swim (45) FL		Funtime Floats Ge	General Swim	General Swim	Lane Swim FL	Lane Swim FL	
5			Lane Sv	wim ML	Lane Swim ML	Lane Swim ML	Lane Sw im (45) Lane ML	Sw im (45) Lane Sw ML N	v im (45) Lane Sw im (45) /IL ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	Lane Swim ML	

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane

Middle Lane

Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane

Window Side Lane
Middle Lane
Kiosk Side Lane