Teddington Pools and Fitness Centre

From w/c 12.08.24

MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	
MONDAY	CLOSED				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Over 60 Swim (45) SL			Adult Lane Swim ML				Adult Lane Swim ML						TSC Masters				Staff Training						Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL								Adult Lane Swim SL			
	CLOSED				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Over 60 Swim (45) FL			General Swim - Summer Splash						Aqua Fit				TSC Masters						Adult Lane Swim FL														Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				SwimFit						Adult Lane Swim FL			
	CLOSED				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Over 60 Swim (45) ML													TSC Masters						Adult Lane Swim ML				Funtime Floats			General Swim			General Swim				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				SwimFit						Adult Lane Swim ML			
TUESDAY	CLOSED				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim ML				Diving Workshop				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL			
	CLOSED				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			General Swim - Summer Splash				Adult Lane Swim FL				SwimFit				Adult Lane Swim FL																121 Lesson				SwimFit ADV				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL			
	CLOSED				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML							Adult Lane Swim ML						SwimFit				Adult Lane Swim ML				Funtime Floats			General Swim			General Swim				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML			
WEDNESDAY	CLOSED				Adult Lane SL 7:05			Adult Lane Swim SL			Adult Lane Swim SL						Adult Lane Swim ML				Adult Lane Swim ML				TSC Masters				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Aqua Fit				Adult Lane Swim SL				Sub Aqua			
	CLOSED				Adult Lane FL 7:05			Adult Lane Swim FL			NPLQ						General Swim - Summer Splash				Aqua Fit				TSC Masters				Adult Lane Swim FL				NPLQ														Adult Lane Swim FL				Fast Lane (3)				Adult Lane Swim FL							
	CLOSED				Adult Lane ML 7:05			Adult Lane Swim ML			Adult Lane Swim ML														TSC Masters				Adult Lane Swim ML				Adult Lane Swim ML				Funtime Floats			General Swim			General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML							
THURSDAY	CLOSED				Adult Lane SL 7:05			Adult Lane Swim SL			Adult Lane Swim SL						Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim ML				Stroke Workshop				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				SwimFit				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL			
	CLOSED				Adult Lane FL 7:05			Adult Lane Swim FL			NPLQ						General Swim - Summer Splash				Adult Lane Swim FL				SwimFit				Adult Lane Swim FL				NPLQ														SwimFit				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL			
	CLOSED				Adult Lane ML 7:05			Adult Lane Swim ML			Adult Lane Swim ML										Adult Lane Swim ML						SwimFit				Adult Lane Swim ML				Funtime Floats			General Swim			General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML			
FRIDAY	CLOSED				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim ML				Adult Lane Swim ML				TSC Masters				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim (45) SL							
	CLOSED				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL						NPLQ			General Swim - Summer Splash				Aqua Fit				TSC Masters				Adult Lane Swim FL				NPLQ														Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim (45) FL							
	CLOSED				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML											TSC Masters				Adult Lane Swim ML				Adult Lane Swim ML				Funtime Floats			General Swim			General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Sw im (45) ML							
SATURDAY	CLOSED				CLOSED			Adult Lane Swim SL						NPLQ			Adult Lane Swim ML				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats						General Swim				Adult Lane Swim SL			Adult Lane Swim SL				Adult Lane Swim SL																			
	CLOSED				CLOSED			Adult Lane Swim FL						General Swim			General Swim				Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL												Adult Lane Swim FL			Adult Lane Swim FL				Adult Lane Swim FL																			
	CLOSED				CLOSED			Adult Lane Swim ML													Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			NPLQ										Adult Lane Swim ML			Adult Lane Swim ML				Adult Lane Swim ML																			
SUNDAY	CLOSED				CLOSED			Adult Lane Swim SL			Adult Lane Swim SL						General Swim				Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats						NPLQ				Adult Lane Swim SL			Adult Lane Swim SL				Adult Lane Swim SL																			
	CLOSED				CLOSED			Adult Lane Swim FL			NPLQ										Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL												Adult Lane Swim FL			Adult Lane Swim FL				Adult Lane Swim FL																			
	CLOSED				CLOSED			Adult Lane Swim ML			Adult Lane Swim ML						Adult Lane Swim ML				Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Swim ML										Adult Lane Swim ML			Adult Lane Swim ML				Adult Lane Swim ML																			

Window Side Lane
Middle Lane
Kiosk Side Lane
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