



EVERY DAY. YOUR WAY.

RICHMOND UPON THAMES MOVES
FOR A HEALTHIER BOROUGH

Summer 2024 Holiday Activities

Swim Crash Courses

- Week 1: 22 to 26 July
- Week 2: 29 July to 2 August
- Week 3: 5 to 9 August
- Week 4: 12 to 16 August
- Week 5: 19 to 23 August
- Week 6: 27 Aug to 30 Aug (4 days)

	WK 1	WK 2	WK 3	WK 4	WK 5	WK 6
8.00-8.30am	1	X	1	X	X	1/X
8.30-9.00am	2	1	2	1	PSB	2/3
9.00-9.30am	3	2	3	2	2	2/3
9.30-10.00am	4	3	4	3	3	3/4
10.00-10.30am	5	4	6	4	4	5/6
10:30-11.00am	X	X	X	X	X	X/7

Prices:
Five day course
£55.00 R/C & £60.00 Non R/C
Four day course
£44.00 R/C & £48.00 Non R/C
S Lessons - Stages. Children aged 5 years and over.

Swim Level Criteria

Learner Pool
Pre School Beginners - For children aged 3-4 years who are non swimmers and require buoyancy aids.
Stage 1 - For children not able to swim without buoyancy aids
Stage 2 - For children able to swim 3metres with their face in the water
Stage 3 - For children able to swim 5metres on their front and back
Stage 4 - For children able to swim 10metres on their front and back and with an idea of correct technique

Main Pool
Stage 5 - For children able to swim 15metres on their front and back with good technique
Stage 6 - For children able to swim 25metres on their front and back with good technique
Stage 7 - For children able to swim 50metres on their front and back with good technique.

Booking Information

- All classes must be booked and paid for in advance
 - An application form/medical form must be completed for each child
 - Classes are subject to availability and maybe cancelled due to insufficient numbers enrolled.
 - No refunds are given
- R/C - Richmond Card with paid for leisure subscription**

Diving Workshop

Tuesday 13 August 1.00-1.45pm
 For children looking to learn to dive or improve their diving skills. For children Stage 6+

Stroke Workshop*

Thursday 15 August 1.00-1.45pm
 For children Stage 6+
 *Breaststroke and Butterfly with fins.

Price per workshop:
£11.00 R/C £12.00 Non R/C

Teddington Pools & Fitness Centre
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Phone: 020 3772 2999



Designed and Produced by Richmond and Wandsworth Design and Print. wdp@wandsworth.gov.uk EC655 A4 (6.24). Photo: © iStock FatCamera