

Teddington Pools and Fitness Centre

From w/c 29.04.24

MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Over 60 Swim (45) SL	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	TSC Masters		Adult Lane Swim ML	Adult Lane Swim SL	Swim School										Swim School		Adult Swim School		Adult Lane Swim SL																																				
	Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Over 60 Swim (45) FL	School Lessons		School	Aqua Fit	TSC Masters		School	School	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Swim School										Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	SwimFit		Adult Lane Swim FL																																	
	Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Over 60 swim (45) ML	School Lessons		School	Aqua Fit	TSC Masters		School	School	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	General Swim		General Swim		Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	SwimFit		Adult Lane Swim ML																																							
TUESDAY	Club Use	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim ML	Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim (45) SL	Swim School										RISE		Teddington Swim Club																																								
	Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim FL	Adult Lane Swim FL	SwimFit	Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim FL	Swim School										Staff Training		Teddington Swim Club																																								
	Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	SwimFit	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim		General Swim		Swimfit 45		Teddington Swim Club																																													
WEDNESDAY	Club Use	Adult Lane SL 7:05		Adult Lane Swim SL	School Lessons		Adult Lane Swim SL	Adult Lane Swim ML	TSC Masters		Adult Lane Swim SL	Adult Lane Swim SL	Adult Lane Swim (45) SL	Swim School										Club Use Lanes		Aqua Fit	Adult Lane Swim SL	Adult Lane Swim SL																																				
	Club Use	Adult Lane FL 7:05		Adult Lane Swim FL	School Lessons		Adult Lane Swim FL	Aqua Fit	TSC Masters		Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim ML	Swim School										Club Use Lanes		Fast Lane (3)	Adult Lane Swim FL	Adult Lane Swim FL																																				
	Club Use	Adult Lane ML 7:05		Adult Lane Swim ML	School Lessons		Adult Lane Swim ML	Aqua Fit	TSC Masters		Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim		General Swim		121 Lessons		Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML																																									
THURSDAY	Club Use	Adult Lane SL 7:05		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Swim School	School		Staff Fitness Swim	Swim School										Adult Lane Swim ML		Teddington Swim Club																																							
	Club Use	Adult Lane FL 7:05		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim FL	SwimFit	School		Adult Lane Swim FL	Swim School										Swimfit 45		Teddington Swim Club																																							
	Club Use	Adult Lane ML 7:05		Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim (45) ML	Adult Lane Swim ML	SwimFit	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim SL	General Swim		General Swim		Swimfit 45		Teddington Swim Club																																													
FRIDAY	Club Use - 7am only	Adult Lane Swim (45) SL		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim SL	Adult Lane Swim ML	TSC Masters		Adult Lane Swim SL	School Hire	Adult Lane Swim SL	Swim School										Club Use		Richmond Swim Club																																						
	Club Use	Adult Lane Swim (45) FL		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Over 60 Swim (45) FL	Adult Lane Swim FL	Aqua Fit	TSC Masters		Adult Lane Swim FL	Adult Lane Swim FL	Adult Lane Swim ML	Swim School										Club Use		Richmond Swim Club																																						
	Club Use	Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Over 60 swim (45) ML	Adult Lane Swim ML	Aqua Fit	TSC Masters		Adult Lane Swim ML	Adult Lane Swim SL	Richmond Carers	General Swim		General Swim		Club Use		Richmond Swim Club																																												
SATURDAY	CLOSED	CLOSED	Swim School										Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Funtime Floats		General Swim		Teddington Swim Club 1600-1930																																											
	CLOSED	CLOSED	121 Lessons		Swim School										Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Funtime Floats		General Swim		Teddington Swim Club 1600-1930																																									
	CLOSED	CLOSED	Adult Lane Swim ML	General Swim	General Swim	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	Teddington Swim Club 1600-1930																																																				
SUNDAY	CLOSED	CLOSED	Adult Lane Swim SL	Adult Lane Swim SL	General Swim		Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Adult Lane Swim (45) SL	Funtime Floats		General Swim		Teddington Swim Club 1600-2030																																																	
	CLOSED	CLOSED	Adult Lane Swim FL	Adult Lane Swim FL	General Swim		Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Adult Lane Swim (45) FL	Funtime Floats		General Swim		Teddington Swim Club 1600-2030																																																	
	CLOSED	CLOSED	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Swim ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Sw im (45) ML	Adult Lane Swim ML	Adult Lane Swim ML	Teddington Swim Club 1600-2030																																																				

Window Side Lane
Middle Lane
Kiosk Side Lane

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