

# Holiday Swim Crash Course Lesson Criteria

## **Teaching Pool**

### **Pre School Beginners**

For children aged 3-4 years who are non swimmers and require buoyancy aids.

### **Pre School Improvers**

For children aged 3-4 years who are able to swim 3metres on their front with their face in the water without bouyancy aids.

#### Stage 1

For children not able to swim without buoyancy aids.

#### Stage 2

For children able to swim 3metres with their face in the water.

#### Stage 3

For children able to swim 5metres on their front and back.

#### Stage 4

For children able to swim 10metres on their front and back and with an idea of correct technique.

To attend stage 1 or above lessons children must be born before 31 August 2020.

## **Main Pool**

#### Stage 5

For children able to swim 15metres on their front and back with good technique.

### Stage 6

For children able to swim 25metres on their front and back with good technique.





#### Pools on the Park Old Deer Park, Twickenham Road, Richmond TW9 2SF www.richmond.gov.uk/potp

#### Phone: 020 3772 2999

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