

2024

# Holiday Swim Crash Course Lesson Criteria

## Teaching Pool

### Pre School Beginners

For children aged 3-4 years who are non swimmers and require buoyancy aids.

### Pre School Improvers

For children aged 3-4 years who are able to swim 3metres on their front with their face in the water without bouyancy aids.

### Stage 1

For children not able to swim without buoyancy aids.

### Stage 2

For children able to swim 3metres with their face in the water.

### Stage 3

For children able to swim 5metres on their front and back.

### Stage 4

For children able to swim 10metres on their front and back and with an idea of correct technique.

## Main Pool

### Stage 5

For children able to swim 15metres on their front and back with good technique.

### Stage 6

For children able to swim 25metres on their front and back with good technique.

EVERY  
DAY.

YOUR  
WAY.



RICHMOND UPON  
THAMES MOVES  
FOR A HEALTHIER BOROUGH

## Pools on the Park

Old Deer Park, Twickenham Road, Richmond TW9 2SF  
[www.richmond.gov.uk/potp](http://www.richmond.gov.uk/potp)

Phone: 020 3772 2999

