

Teddington Pools and Fitness Centre

From w/c 15.04.24												MAIN POOL TIMETABLE																																																				
	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45
MONDAY	Club Use	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Over 60 Swim (45) SL			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			TSC Masters			Adult Lane Swim ML			Adult Lane Swim SL			Swim School						Swim School			Adult Swim School			Adult Lane Swim SL			Adult Lane Swim FL			Adult Lane Swim ML														
	Club Use	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Sw im (45) FL			Over 60 Swim (45) FL			School Lessons			School			Aqua Fit						TSC Masters			School									School			Adult Lane Swim FL												Swim School						Adult Lane Swim (45) FL			Adult Lane Swim (45) FL		
	Club Use	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Over 60 Swim (45) ML												School Lessons			School			Aqua Fit			TSC Masters			School			School			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			General Swim			General Swim			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			SwimFit					
TUESDAY	Club Use	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim ML												Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim (45) SL			Swim School						RISE			Teddington Swim Club								
	Club Use	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim FL			Adult Lane Swim FL			SwimFit			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim FL			Swim School						Adult Lane Swim FL																							
	Club Use	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Swim ML			Adult Lane Swim ML			SwimFit			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			General Swim			General Swim			Adult Lane Swim ML																							
WEDNESDAY	Club Use	Adult Lane SL 7:05			Adult Lane Swim SL			School Lessons						Adult Lane Swim SL			Adult Lane Swim ML			TSC Masters			Adult Lane Swim SL			Adult Lane Swim SL			Adult Lane Swim (45) SL			Swim School						Club Use Lanes			Aqua Fit			Adult Lane Swim SL			Sub Aqua																	
	Club Use	Adult Lane FL 7:05			Adult Lane Swim FL									Adult Lane Swim FL			Aqua Fit			TSC Masters			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim ML			Swim School									Fast Lane (3)			Adult Lane Swim FL																				
	Club Use	Adult Lane ML 7:05			Adult Lane Swim ML			Adult Lane Swim ML			Aqua Fit			TSC Masters			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			General Swim			General Swim			121 Lessons			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML																							
THURSDAY	Club Use	Adult Lane SL 7:05			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim SL			Adult Swim School			School						Staff Fitness Swim			Swim School						Adult Lane Swim ML			Teddington Swim Club																										
	Club Use	Adult Lane FL 7:05			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim FL			SwimFit			SwimFit									Adult Lane Swim FL			Swim School						Swimfit 45									Teddington Swim Club																				
	Club Use	Adult Lane ML 7:05			Adult Lane Swim (45) ML			Adult Lane Swim (45) ML			Adult Lane Swim (45) ML			Adult Lane Swim ML			SwimFit			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim SL			General Swim			General Swim			Swimfit 45			Teddington Swim Club																										
FRIDAY	Club Use - 7am only	Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim SL			Adult Lane Swim ML			TSC Masters			Adult Lane Swim SL			School Hire			Adult Lane Swim SL			Swim School						Club Use			Richmond Swim Club																							
	Club Use	Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Over 60 Swim (45) FL			Adult Lane Swim FL			Aqua Fit			TSC Masters			Adult Lane Swim FL			Adult Lane Swim FL			Adult Lane Swim ML			Swim School						Club Use			Richmond Swim Club																										
	Club Use	Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Over 60 Swim (45) ML			Adult Lane Swim ML			Aqua Fit			TSC Masters			Adult Lane Swim ML			Adult Lane Swim SL			Adult Lane Swim SL			General Swim			General Swim			Club Use			Richmond Swim Club																							
SATURDAY	CLOSED	CLOSED			Swim School						Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats			General Swim			Teddington Swim Club 1600-1930																																			
	CLOSED	CLOSED									121 Lessons			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Funtime Floats									General Swim			Teddington Swim Club 1600-1930																										
	CLOSED	CLOSED			Adult Lane Swim ML			General Swim			General Swim			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Swim ML			Adult Lane Swim ML			Teddington Swim Club 1600-1930																																
SUNDAY	CLOSED	CLOSED			Adult Lane Swim SL			Adult Lane Swim SL			General Swim						Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Adult Lane Swim (45) SL			Funtime Floats			General Swim			Teddington Swim Club 1600-2030																													
	CLOSED	CLOSED			Adult Lane Swim FL			Adult Lane Swim FL									Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Adult Lane Swim (45) FL			Funtime Floats			General Swim									Teddington Swim Club 1600-2030																							
	CLOSED	CLOSED			Adult Lane Swim ML			Adult Lane Swim ML			Adult Lane Swim ML						Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Sw im (45) ML			Adult Lane Swim ML			Adult Lane Swim ML			Teddington Swim Club 1600-2030																													

Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane