Teddington Pools and Fitness Centre

From w/c 05.08.24

MAIN POOL TIMETABLE

	06:00	06:15	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	
MONDAY	CLOSED				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Over 60 Swim (45) SL				Crash Course								Adult Lane Swim ML				TSC Masters								Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim ML				Adult Lane Swim SL				
	CLOSED				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Over 60 Swim (45) FL				General Swim - Summer Splash												TSC Masters								Adult Lane Swim FL												Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				SwimFit								Adult Lane Swim FL				
	CLOSED				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Over 60 Swim (45) ML																TSC Masters								Adult Lane Swim ML												Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				SwimFit								Adult Lane Swim ML				
TUESDAY	CLOSED		Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Crash Course				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				
	CLOSED		Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				General Swim - Summer Splash				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL								121 Lesson				SwimFit Development				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				
	CLOSED		Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML								Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Funtime Floats				General Swim				General Swim				Staff Training				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				
WEDNESDAY	CLOSED		Adult Lane SL 7:05				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Crash Course				Adult Lane Swim ML				TSC Masters				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Aqua Fit				Adult Lane Swim SL				Adult Lane Swim SL				
	CLOSED		Adult Lane FL 7:05				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				General Swim - Summer Splash				Aqua Fit				TSC Masters				Adult Lane Swim FL				Adult Lane Swim FL																Adult Lane Swim FL				Fast Lane (3)				Adult Lane Swim FL				Adult Lane Swim FL				
	CLOSED		Adult Lane ML 7:05				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML												TSC Masters				Adult Lane Swim ML				Adult Lane Swim ML				Funtime Floats				General Swim				General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				
THURSDAY	CLOSED		Adult Lane SL 7:05				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Crash Course				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Staff Fitness Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				SwimFit				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL				
	CLOSED		Adult Lane FL 7:05				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				General Swim - Summer Splash				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL																SwimFit				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL				
	CLOSED		Adult Lane ML 7:05				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML								Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Funtime Floats				General Swim				General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				
FRIDAY	CLOSED		Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Adult Lane Swim (45) SL				Crash Course				Adult Lane Swim ML				TSC Masters				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim (45) SL												
	CLOSED		Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				Adult Lane Swim (45) FL				General Swim - Summer Splash				Aqua Fit				TSC Masters				Adult Lane Swim FL				Adult Lane Swim FL																Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim (45) FL												
	CLOSED		Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML				Adult Lane Sw im (45) ML												TSC Masters				Adult Lane Swim ML				Adult Lane Swim SL				Funtime Floats				General Swim				General Swim				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Sw im (45) ML												
SATURDAY	CLOSED				CLOSED				Adult Lane Swim SL				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL								Funtime Floats				General Swim						Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL																
	CLOSED				CLOSED				Adult Lane Swim FL				General Swim				General Swim				Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL																		Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL																
	CLOSED				CLOSED				Adult Lane Swim ML				Adult Lane Swim ML				Staff Training								Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML																																															
SUNDAY	CLOSED				CLOSED				Adult Lane Swim SL				Adult Lane Swim SL				General Swim				Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL		Adult Lane Swim (45) SL								Funtime Floats				General Swim						Adult Lane Swim SL				Adult Lane Swim SL				Adult Lane Swim SL																
	CLOSED				CLOSED				Adult Lane Swim FL				Adult Lane Swim FL				General Swim				Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL		Adult Lane Swim (45) FL																		Adult Lane Swim FL				Adult Lane Swim FL				Adult Lane Swim FL																
	CLOSED				CLOSED				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML		Adult Lane Sw im (45) ML								Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML				Adult Lane Swim ML																

Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
Kiosk Side Lane
Window Side Lane
Middle Lane
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